



## **A C T TRAINING ON TRAUMA INFORMED CARE**

### **Sandra L. Bloom**

### **Creating Sanctuary for Children**

*Co-sponsored by the Pennsylvania Department of Public Welfare  
and PA CASSP Training and Technical Assistance Institute*

The ACT (Alternatives to Coercive Techniques) Regional Forums provide all interested persons an opportunity to engage in promising practices and sharing of resources that lead towards the elimination of unnecessary restraints in Pennsylvania's residential and day treatment programs. We successfully held four regional forums in April and are responding to the feedback we received by holding two training opportunities on Trauma Informed Care, a model that has been successfully implemented in a number of programs and facilities. Youth and families are especially welcome to attend, to share their experience.

To support implementation of the six core strategies, we welcome your participation in a training opportunity with national expert Sandra L. Bloom focused on Trauma Informed Care. Lunch will be provided and there is no charge for registration. Family members can be reimbursed for mileage and child care expenses. We are limited in the number of participants for this training so please RSVP as soon as possible.

An agenda has been attached for your convenience. As part of our ongoing ACT events we are encouraging consistency in attendance and are offering this opportunity first to those who attended the April regional forums. We strongly encourage providers to register family or youth members to participate in this opportunity even if this will be their first ACT event. Please forward the completed registration to [tasford@state.pa.us](mailto:tasford@state.pa.us) or FAX it to Tasha Ford at 717-772-4957. You will receive confirmation within two weeks.

Thank you for your support and active participation.

**REGISTRATION – ACT REGIONAL FORUMS**

Please complete the following registration for each individual attending the Regional Forums. We will send a confirmation to you within 2 weeks; only those confirmed participants can attend. Forward the completed registration to Tasha Ford [tasford@state.pa.us](mailto:tasford@state.pa.us) or FAX it to Tasha Ford at 717-772-4957.

**NAME:** \_\_\_\_\_

**AGENCY:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**PHONE:** \_\_\_\_\_ **EXT.** \_\_\_\_\_

**E-MAIL ADDRESS:** \_\_\_\_\_

\_\_\_\_\_ I am a family or youth participant

\_\_\_\_\_ I plan to **attend** the training in the **Southeast** June 16<sup>th</sup>

\_\_\_\_\_ I plan to **attend** the training in the **Western** June 22<sup>nd</sup>

**SOUTHEAST:** June 16, 2006 8:45-3:30

Silver Springs - Martin Luther School

512 West Township Line Road

Plymouth Meeting, PA 19462-1001

(610)825-4440

**WESTERN:** June 22, 2006 8:45-3:30

Community College of Allegheny County

Allegheny Campus

Foerster Student Union Auditorium (2<sup>nd</sup> floor)

800 Ridge Avenue

Pittsburgh, PA 15212

412-237-6587



**A C T - Training on Trauma Informed Care:**  
**Sandra L. Bloom M.D.**  
**Creating Sanctuary for Children**  
**June 2006**

8:45 – 9:30	Meet and Greet Networking and Registration
9:30	Welcome, Introductions and Updates
9:30 – 12:00	Why addressing trauma in children is so important The impact of recurrent stress on children Individual barriers to children's recovery
12:00 – 12:30	Lunch
12:30 – 3:30	Systemic barriers to children's recovery Sanctuary Model as a systemic response to trauma Parallel processes of recovery

**Continuing Education Credits**

Educators: The CASSP Training Institute is approved by the PA Department of Education to provide continuing professional education hours for Act 48. This program is approved for 5.5 hours.

General: Application has been made to Penn State for 0.55 Continuing Education Units for this program.

*Participants are expected to attend the entire training. Full attendance at the workshop is required to receive CE credits for all professionals. Partial credit will not be awarded; late arrivals or early departures will preclude awarding of CE credits. Please do not ask for exceptions to this policy!*

*There is a \$10 processing fee for continuing education credits. The fee should be mailed to the Institute with the CE application immediately following the training. An additional fee of \$10 will be assessed for applications submitted more than three months after the forum.*