![Pennsylvania Department of Human Services logo]

ODP Announcement

Now Available:
Mental Health First Aid Course

ODP Communication Number: 038-18

The mission of the Office of Developmental Programs is to support Pennsylvanians with developmental disabilities to achieve greater independence, choice and opportunity in their lives.

AUDIENCE: Individuals and Families, Individuals providing supports to individuals with mental health disorders, intellectual disabilities, and/or Autism, Supports Coordination Organizations, Supports Coordination Supervisors, Supports Coordinators, Participant Directed Providers and Provider's Program Managers, and all interested parties.

PURPOSE: Mental Health First Aid Courses are now available

DISCUSSION:

The Office of Developmental Programs (ODP), along with the Office of Mental Health and Substance Abuse Services (OMHSAS), is pleased to announce the availability of Mental Health First Aid (MHFA) instruction. Mental Health First Aid is being offered as part of the Collaborative Capacity Building Initiative funded through Money Follows the Person (MFP). MFP is the largest single financial investment in home and community based long-term living services ever offered by the Federal Centers for Medicare and Medicaid Services (CMS). MFP is designed to allow individuals residing in certain institutional settings to transition to and receive services in a community-based setting.

Mental Health First Aid is an 8 hour educational program in use throughout the country to teach people how to identify, understand and respond to signs of mental illnesses and substance abuse disorders.   The training gives you the skills you need to reach out and provide offer initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Just like training in regular first aid, Mental Health First Aid does not teach you to be the professional, the therapist, or the counselor. Mental Health First Aid takes the fear and

hesitation out of starting conversations about mental health and substance use problems by improving understanding and teaching people to safely and responsibly identify and address a potential mental illness or substance use disorder. When more people are equipped with the tools they need to start a dialogue, more people can get the help they need.

Through this ODP/OMHSAS initiative, Mental Health First Aid classes are being offered twice a month at varying locations throughout the state as coordinated by the Instructor, Jen Bankard. There is no fee to attend. You must register for a MyODP account to register for this course. Visit MyODP at https://www.myodp.org/
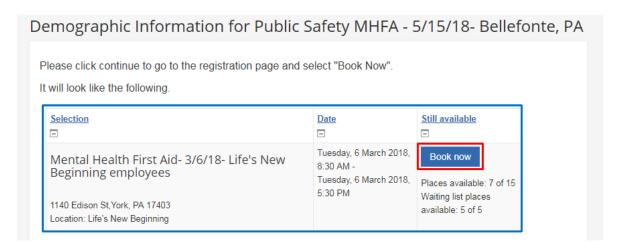
1. Click on the **Training** drop-down menu
2. Select the **Health Wellness and Safety** section
3. Select **Mental Health First Aid**
4. Choose the session you are interested in attending. Click on the "Demographic Information" link for this session. The screen will appear as follows:

5. After selecting the session you are interested in attending, you must enter in the requested demographic information.   Below is a portion of the demographics screen for this course below.

6. Please click "Submit Your Answers" to continue with registration.
7. You will now see the following booking confirmation based on the location selected.

Demographic Information for Public Safety MHFA - 5/15/18- Bellefonte, PA

Please click continue to go to the registration page and select "Book Now".
It will look like the following.

Selection	Date	Still available
Mental Health First Aid- 3/6/18- Life's New Beginning employees 1140 Edison St,York, PA 17403 Location: Life's New Beginning	Tuesday, 6 March 2018, 8:30 AM - Tuesday, 6 March 2018, 5:30 PM	Book now Places available: 7 of 15 Waiting list places available: 5 of 5

8. Click "Book Now" to finalize your registration. You will see the following.

| Mental Health First Aid | Registration for Public Safety MHFA -5/15/18- Bell...

Your booking was successfully saved. You can now proceed to book other courses.
You will shortly receive a confirmation e-mail.

Continue

If you have difficulties with the registration directions, please use the MyODP help information below.

Help Desk Contact Information

Hours of Operation: Mon - Fri, 7:00 am - 5:00 pm EST
Toll Free Telephone Number: 844-332-2121
Feedback: Send Feedback
Email: support@myodp.org

If you have a suggestion or request for additional locations for a Mental Health First Aid course to be offered, you may contact the instructor, Jen Bankard directly at jbankard812@gmail.com.

INQUIRIES: If you have any questions regarding this course please email RA-PWODP_OUTREACH@pa.gov