

Office of Mental Health and Substance Abuse Services

Mental Health Planning Council

March 2, 2017

AGENDA



- Welcome and Opening Remarks
- Independent Certification of Peer Specialists
- Community Mental Health Services Block Grant
- OMHSAS Updates
 - Budget and Consolidation
 - NSH Civil Closure
 - Southeast Forensic Treatment Center
 - Service Area Planning
 - IMD Exclusion
 - Certified Community Behavioral Health Clinics
 - MHPC Recruitment and Membership Development
 - Upcoming Webinars
- Public Comment

- The Peer Support Services (PPS) Standards were revised and issued December 12, 2016 to allow approved PSS agencies to provide PSS to individuals 14 years of age and older.
- Part of the recommendations from the statewide stakeholder workgroup that provided input into the revisions to the PSS Standards included moving to certification under the Pennsylvania Certification Board (PCB).
- A certification-based process is a process where individuals are evaluated against predetermined standards for knowledge, skills or competencies.
- Requirements for Certification through the PCB will mirror the requirements in the revised PSS standards.

BENEFITS

- Certification through the PCB provides an independent credential similar to other professional credentials.
- Certification provides a Certified Peer Specialist (CPS) assistance in transferring their credential from one state to another through a reciprocity process.
- Certification provides a CPS coming into Pennsylvania from another state the ability to have their certification aligned with the standards for ease in transferring into Pennsylvania.
- Certification requires a CPS to sign a peer specific code of ethical conduct which provides protection for individuals receiving services.
- Certification provides public protection and a grievance process for those harmed.

NEXT STEPS

- Neighboring states that have already moved PSS to their State Certification Board include: New York, New Jersey, West Virginia, Maryland, Virginia, and Delaware.
- The United States Department of Labor states “Weekly earnings of full time wage and salary workers with a certification or license were 34% (over 1/3rd) higher than earnings for those who do not hold such credentials.”
- The PCB and OMHSAS have established a grandparenting process to recognize current CPS. The examination will be waived for peers who are grandparented. The fee will be underwritten by OMHSAS during this period.
- Grandparent period will begin April 1, 2017 and close June 30, 2018.
- March 14, 2017 Webinar: Overview of Revised Peer Support Services Standards and Youth and Young Adult PSS Implementation.

- The **Community Mental Health Services Block Grant (CMHSBG)** is federal funding for community services to individuals with Serious Mental Illness or children with Serious Emotional Disturbance.
- Pennsylvania is currently allocated \$17.9 million annually.
- The majority of these funds are given to the counties.
- Some funding is set aside for special projects, including the federally mandated First Episode Psychosis Program.
- **2017 application timeline:**
 - June: Planning group meets
 - July: Writing draft, gathering data
 - August 15: Public comment and DHS review draft
 - September 1: Application due to SAMHSA

CMHSBG PRIORITIES



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- Priority 1 - Supportive Housing
- Priority 2 - Services to Older Adults
- Priority 3 - Peer Support Services
- Priority 4 - Olmstead Planning
- Priority 5 - Residential Treatment Facility Usage
- Priority 6 - Youth and Family Involvement
- Priority 7 - Prevention
- Priority 8 - Suicide Prevention

BUDGET AND CONSOLIDATION

- The **Department of Health and Human Services** will coordinate services and enhance program effectiveness while saving taxpayers over \$90 M.
- The new **Office of Behavioral Health and Substance Use Disorder Services'** mission will be “to maximize the individual’s capacity for independent living through the provision of an array of service and support programs and to provide education, intervention and treatment programs to reduce drug, alcohol, and gambling use, addiction, and dependence.”
- The consolidation will address concerns regarding overlapping and competing licensing, regulation, and funding structures that impede the work of behavioral health providers.
- Better integrated state operations will lead to more consistent licensing practices, improved application and approval processes, and a reduction in the number of separate licensing site visits to providers.
- OMHSAS will hold a Budget Briefing Webinar on March 13 at 2:30PM to discuss in the 2017-2018 budget in more detail.

NORRISTOWN STATE HOSPITAL (NSH) CIVIL CLOSURE

- OMHSAS will close the civil section at Norristown State Hospital (NSH Civil) and use **person-centered and recovery-oriented service plans** to discharge individuals who can safely move to community-based service alternatives.
- NSH Civil currently serves 122 individuals. NSH Civil serves Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties.
- Each person discharged from NSH Civil will have the opportunity to participate in developing his or her discharge/community support plan, and local teams comprised of consumers, family members, clinicians, and hospital staff will organize to support the development of individualized discharge strategies.
- “Moving Forward with Community-Based Recovery: Five Years After the Mayview State Hospital Closure” (April 2015) describes the positive outcomes after closing Pennsylvania’s Mayview State Hospital. To view this report:
<http://www.ahci.org/Documents/Mayview%20Five%20Year%20Report%20Final.pdf>

SOUTHEAST FORENSIC TREATMENT CENTER (SEFTC)

- Of the 122 beds in NSH Civil, at least 60 will be retained as step-down beds for individuals transferred out of the forensic unit.
- The closure of NSH Civil section and development of the **SEFTC** will occur over the course of 18 to 24 months, and improve:
 - Timeliness and quality of treatment for individuals needing forensic restoration services.
 - Pathways for individuals referred through the forensic system to return to referring jurisdictions or transition to other appropriate levels of care.
 - Wait times for admissions and discharges for those individuals committed through the criminal court system.
 - Individual clinical outcomes, individual movement through the continuum of care, and length of stay for individuals clinically-appropriate for other levels of care.

SERVICE AREA PLANNING (SAP)

In April and May 2017, SAP meetings will bring together OMHSAS, county mental health programs in the region, individuals, families, advocates, regional providers, and managed care organizations to develop plans to address the provision of community-based services in their regions. These meetings provide an opportunity for stakeholders to work together to:

- Plan the development of a **recovery-oriented community and hospital services system** that is responsive to the treatment and support needs of persons in (or who may potentially need the level of care offered by) state hospitals.
- Identify the needs of individuals who have been diagnosed with serious and persistent mental illness.
- Determine the future role of both the state hospital and the service area's **community mental health program**.

INSTITUTIONS FOR MENTAL DISEASES (IMD) EXCLUSION

- PA claims Federal Financial Participation (FFP) on capitation payments, regardless of length of stay (LOS). The new 15 day per month limit for IMD settings results in the loss of FFP for capitation payments made for months when an enrollee's LOS exceeds 15 days.
- The rule impacts FFP for an estimated **15,300 individuals** currently receiving MH and/or SUD residential services and over **200 providers**.
- CMS recently shared that states may be allowed to receive FFP for the first 15 days of treatment even if the LOS is longer than 15 days. This would reduce the BH care financial impact from \$180M to \$70M.
- DHS will continue discussions with CMS on strategies to mitigate the financial impact and will also pursue an "1115 waiver" at the direction of CMS to ensure FFP in the SUD services impacted by the IMD rule.
- DHS is currently evaluating the requirements of the waiver submission and will share a timeline for the application process, including comment periods.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC)

- Pennsylvania is one of eight demonstration states selected by SAMHSA to implement CCBHCs in 2017.
- CCBHCs will serve adults with serious mental illness (SMI), children with severe emotional disturbance (SED), and individuals with substance use disorders (SUD), and provide intensive, person-centered, multidisciplinary, evidence-based screening, assessment, diagnostics, treatment, prevention and wellness services.
- The next CCBHC Steering Committee meeting will be held on March 3, 2017. The Committee's current focus is on preparing for quality metrics and reporting.

MHPC RECRUITMENT/MEMBERSHIP DEVELOPMENT

- OMHSAS' Mental Health Planning Council (MHPC) is currently accepting applications for new members.
- The Planning Council provides a forum for **youth, adults, and family members with lived experience** to work side-by-side with advocates, providers, administrators, and OMHSAS leadership to provide recommendations regarding important, statewide policy and programmatic issues.
- Applications are due by March 31 for individuals that would like to be considered for the membership term starting in July 2017.
- For more information about the OMHSAS Mental Health Planning Council, visit <http://www.PARecovery.org>.

UPCOMING WEBINARS AND MEETINGS



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DEPARTMENT OF HUMAN SERVICES

OMHSAS Budget Briefing Webinar

Monday, March 13, 2:30 PM

Overview of Revised Peer Support Services Standards and Youth and Young Adult PSS Implementation Webinar

Tuesday, March 14, 2017

Value Based Procurement Webinar for MHPC Members

Friday, March 31, 10 AM-11 AM

Service Area Planning Meetings

April 12 (Clarks Summit State Hospital) 10AM-1PM

April 20 (Danville State Hospital) 10AM-1PM

April 27 (Norristown State Hospital) 10AM-1PM

May 9 (Wernersville State Hospital) 1-4PM

May 16 (Warren State Hospital) 1-4PM

May 17 (Torrance State Hospital) 10AM-1PM

OMHSAS Mental Health Planning Council

Wednesday, May 31, 10AM-3PM

Child Welfare Resource Center (split all day)

PUBLIC COMMENT