

RCPA

REHABILITATION & COMMUNITY
PROVIDERS ASSOCIATION

2017 RCPA Conference
Connections

October 10–13, 2017

Hershey Lodge, Hershey, PA



More than 70 workshops, a keynote, and two plenary sessions as well as news from our national partners...



Wireless Internet

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Welcome...



Gena Diefenderfer

Welcome to *Connections* – the 2017 RCPA conference focused on helping members drive policy and service delivery to the next level in Pennsylvania. RCPA members are the “go to” experts at the state and federal level when discussing policy and funding focused on effective, efficient, and high quality care.



Timothy Sohosky

The ever-changing health care environment and movement toward value-based purchasing, designing clinically and fiscally sound models of care, and struggling through the unknown make this conference a necessity. With the growing impact of the repeal/replacement for the Affordable Care Act and continued tightening of fiscal resources, it is critical to leverage personal and professional skills and remain inspired to create innovative and integrative changes required for transformation and growth. Join us for learning and networking opportunities as we seek to improve the business of caring for and working with persons with rehabilitation needs, mental illnesses, physical disabilities and aging, substance use disorders, and developmental/intellectual disabilities. An executive level track will be offered on Wednesday. The event features more than 70 workshops, more than 18 continuing education options, a vibrant Exhibit Hall, and networking events to interact with colleagues to spur creative thinking and create change.



Donna N. McNelis

Our robust agenda brings stellar speakers offering stimulating and timely information. The conference begins **Tuesday morning** with a presentation by the newly appointed Secretary of the Department of Health and Human Services and current commissioner of the Department of Insurance, Teresa Miller. The keynote is followed by afternoon workshops, an update from across the nation and the Directors’ Welcome Reception. The week continues with more innovative and exciting workshops and plenaries. A Thursday highlight is Dr. Rachel Levine, Pennsylvania Physician General, speaking on the opioid and heroin epidemic. Be sure to join us Thursday evening for our first Association Awards dinner followed by entertainment. Friday wraps up with two plenaries – SAMHSA Highlights and Initiatives: A Regional Perspective and the moderated panel, State of the State.

We extend special thanks to our sponsors, exhibitors, advertisers, and presenters, whose support makes this event possible. With your participation, this year’s conference is sure to be a success.

Gena Diefenderfer
Gena Diefenderfer

Conference Committee Co-chair

Timothy Sohosky
Timothy Sohosky

Conference Committee Co-chair

Donna N. McNelis

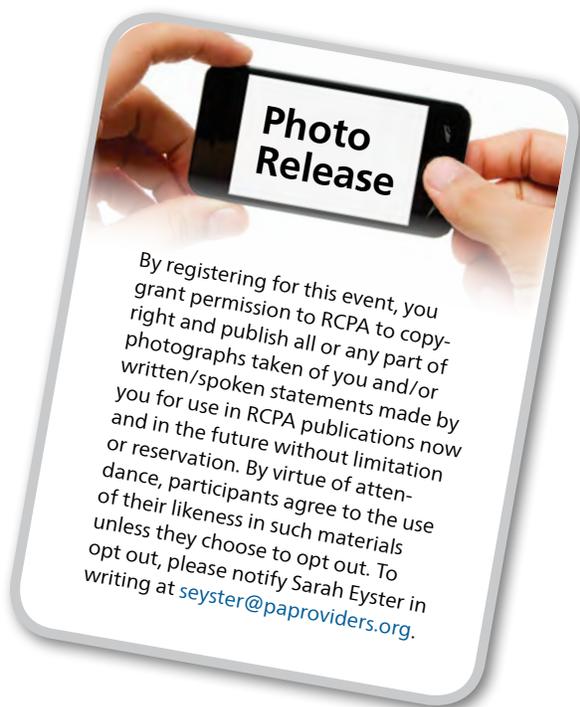
Donna N. McNelis
Conference Education Chair

Essentials

Workshop Etiquette

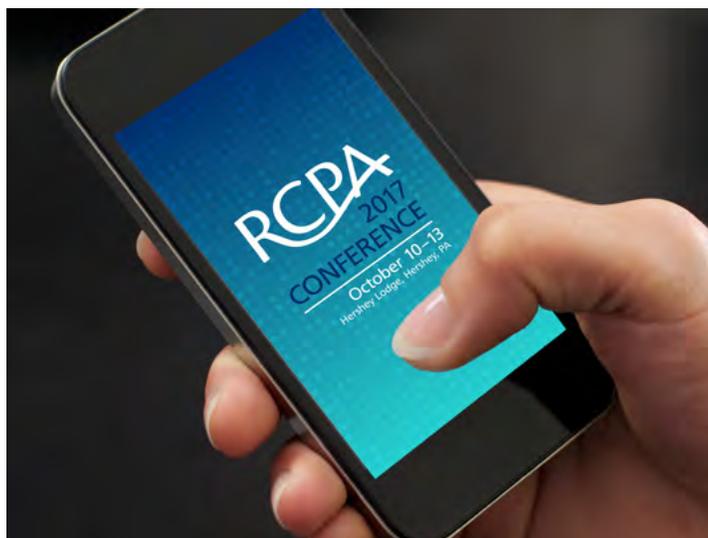
When attending workshops, participants are asked to **silence phones and other personal communication devices**. Please be respectful of presenters and colleagues and step outside of the room if you must respond to a phone call.

Autumn in Pennsylvania provides a variety of weather, making it difficult to maintain constant temperatures comfortable for every participant. Room temperatures may vary throughout the conference center and adjusting temperatures in large meeting rooms takes time. A light sweater or jacket is helpful when rooms become too cool.



Annual Conference Mobile App

Go to the App Store and sign up for the RCPA Annual Conference Mobile app (available after registering for the conference). The app is available for both Apple and Android products. **There will be no program brochures printed this year**; so after registering, please use the conference application to plan for your personal conference experience.



Workshops and Plenary Sessions

Administrators, supervisors, financial managers, clinicians, and direct support staff will all find something of benefit from the 2017 conference workshops. More than seventy workshops, a keynote, and two plenary sessions are scheduled as well as updates from our national partners and the Pennsylvania Physician General. Descriptions for all events are located in this program. The Conference Committee has devoted considerable time and effort in developing these workshops, addressing the various systems of care and the environment where services are provided, and offering skills seminars to enhance services provided by mental health, rehabilitation, brain injury, intellectual/developmental disability, aging and physical disability, drug and alcohol, and other human service agencies.

Schedule at a Glance

TUESDAY, OCTOBER 10				
TIME	REGISTRATION	WORKSHOPS	EXHIBIT HALL	OTHER EVENTS
9:00 am – 10:30 am	REGISTRATION & CEs Opens at 9:00 am Closes at 5:00 pm			LUNCH at leisure/on your own
10:00 am – 11:00 am		KEYNOTE		
11:00 am – 1:00 pm				
1:00 pm – 2:30 pm		WORKSHOP SESSION A		
2:45 pm – 4:15 pm		WORKSHOP SESSION B		
4:30 pm – 6:00 pm		WORKSHOP SESSION C		
6:00 pm – 7:30 pm				DIRECTORS' WELCOME RECEPTION
8:00 pm – 11:00 pm				RCPA SUITE OPEN

WEDNESDAY, OCTOBER 11				
TIME	REGISTRATION	WORKSHOPS	EXHIBIT HALL	OTHER EVENTS
7:00 am – 8:30 am	REGISTRATION & CEs Opens at 8:00 am Closes at 5:00 pm		EXHIBIT HALL SET-UP	BREAKFAST at leisure/on your own
8:30 am – 10:00 am		WORKSHOP SESSION D		
10:15 am – 11:45 am		WORKSHOP SESSION E	EXHIBIT HALL OPENING 12:00 pm – 1:15 pm LUNCH WITH EXHIBITORS	
12:00 pm – 1:15 pm				
1:30 pm – 3:00 pm		WORKSHOP SESSION F		
3:30 pm – 5:00 pm		WORKSHOP SESSION G	5:00 pm – 7:00 pm RECEPTION	
5:00 pm – 7:00 pm				
7:00 pm – 9:00 pm		NETWORKING RECEPTION		
9:00 pm – 11:00 pm			RCPA SUITE OPEN	

Schedule at a Glance *continued*

THURSDAY, OCTOBER 12					
TIME	REGISTRATION	WORKSHOPS	EXHIBIT HALL	OTHER EVENTS	
7:00 am – 8:30 am	REGISTRATION & CEs Opens at 8:00 am		Opens at 8:00 am	BREAKFAST at leisure/on your own	
8:30 am – 10:00 am					WORKSHOP SESSION H
10:30 am – 12:00 pm					WORKSHOP SESSION I
12:00 pm – 1:15 pm					
1:30 pm – 3:00 pm					Closes at 3:00 pm
3:00 pm – 4:00 pm			3:00 pm – 4:00 pm PRIZE GIVEAWAY		
4:00 pm – 5:30 pm			BOARD MEETING		
6:00 pm – 8:00 pm			ASSOCIATION DINNER AND AWARDS		
8:00 pm – 10:00 pm			RCPA SUITE OPEN		
9:00 pm – 12:00 am			DJ/DANCING		

FRIDAY, OCTOBER 13				
TIME	REGISTRATION	WORKSHOPS	EXHIBIT HALL	OTHER EVENTS
7:30 am – 9:00 am	REGISTRATION & CEs Opens at 8:00 am			BREAKFAST at leisure/on your own
9:00 am – 10:15 am				
10:30 am – 12:00 pm		PLENARY 2 State of the State		11:00 am – 12:30 pm TRAVEL SNACKS
12:00 pm – 1:00 pm				

Keynote Address

Tuesday October 10

Red Ballroom

10:00 am – 11:00 am

Tracks — MH, PDA, DA, IDD, CH, LD

K1 DHHS Unification: What It Means to RCPA Members

Commissioner Teresa Miller



Teresa Miller

Teresa D. Miller was appointed Insurance Commissioner by Pennsylvania Governor Tom Wolf on January 20, 2015, and confirmed by the Pennsylvania Senate on June 3, 2015. The Wolf Administration has made consumer protection the top priority of the Insurance Department. During her term as Insurance Commissioner, Miller has increased the department's consumer protection, outreach, and education efforts, and has made the department's operations more transparent. As part of Governor Wolf's efforts to battle opioid addiction, Miller made it clear that one of her top priorities is enforcing mental health parity laws, ensuring consumers have access to the mental health and substance use disorder treatments they need.

Teresa Miller will discuss the health & human services priorities of Governor Wolf and the Commonwealth. Commissioner Miller will speak about the unification of state agencies, and how the unification of agencies will affect providers and consumers. Commissioner Miller will also speak about the Governor's commitment to state government reforms that increase efficiency and reduce waste, fraud, and abuse. There will be a question and answer period related to DHHS, as well as her past work at the Department of Insurance and in other states.

Plenary Sessions

Friday, October 13

Red Ballroom

9:00 am – 10:15 am

Tracks — MH, DA, LD, CH

P1 SAMHSA Highlights and Initiatives: A Regional Perspective

Jean Bennett, Substance Abuse and Mental Health Services Administration



Jean Bennett

This session will provide an overview of Substance Abuse and Mental Health Services Administration (SAMHSA) initiatives, and the federal perspective regarding legislation and grant programs will be conveyed. Changes triggered by the Comprehensive Addiction and Recovery Act (CARA), the 21st Century Cures Act (CURES), and Helping Families in Crisis Act will be included. The importance of new funding to providers and behavioral health leaders will be shared, such as the State Targeted Response to Opioids funding. Updates on the PA Certified Community Behavioral Health Clinics (CCBHC) demonstration program and other discretionary grant programs will be shared. How the SAMHSA regional administrator can serve as a connector to other providers, communities, and states' best practices, technical assistance resources, publications, and federal funding opportunities will be emphasized.

10:30 am – 12:00 pm

Tracks — DA, IDD, PDA, BI, MH, CH

P2 State of the State

Jennifer Burnett, Pennsylvania Office of Long Term Living

Nancy Thaler, Pennsylvania Office of Developmental Programs

Jennifer Smith, Pennsylvania Department of Drug and Alcohol Programs

Ellen DiDomenico, Pennsylvania Office of Mental Health and Substance Abuse Services

Charles Curie, The Curie Group

Teresa Osborne, Pennsylvania Department of Aging

As Pennsylvania's health care landscape continues to diversify and grow, RCPA is pleased to offer a meeting with several key leaders from the Department of Health and Human Services. Through a moderated session, attendees will learn about the current and future initiatives of the Commonwealth, as well as the policy and financial aspects of human services delivery.



Event Highlights

Directors' Welcome Reception

Tuesday, October 10, 6:00 pm – 7:30 pm

Red Ballroom



On Tuesday, October 10, you are invited to join the RCPA Board of Directors, staff, and your colleagues for the Directors' Welcome Reception in the Grand Ballroom. Please help us thank member and Platinum sponsor **Community Care Behavioral Health Organization, Pittsburgh, PA**, for support of this event. The reception features heavy hors d'oeuvres and beverages and offers a valuable first networking opportunity with colleagues, speakers, and other guests. Conference Committee members and RCPA staff are on hand to answer questions, make introductions, and provide directions and tips for an enjoyable week.

Networking Reception

Wednesday, October 11, 7:00 pm – 9:00 pm

Red Ballroom

Nothing seems better than the chance to unwind and network with colleagues at the end of a busy day of learning at the RCPA conference. Members and sponsors **Brown and Brown, Bethlehem, PA; InnovaTel Telepsychiatry, Erie, PA; Hearten, Harrisburg, PA; and XtraGlobex, Inc., Philadelphia, PA**, provides that opportunity. All conference participants are invited to this long-standing tradition and premier networking opportunity of the week. Guests are treated to a delightful array of heavy hors d'oeuvres, a chocolate fountain, beverages, and ample opportunities to meet and mingle with colleagues. The reception is another chance to make new connections and revive long-standing conversations. Make sure it's part of your plans for the day!



Event Highlights

Association Dinner & Awards Recognition

Thursday, October 12, 6:00 pm – 8:00 pm

Red Ballroom



Join the RCPA Board of Directors at the association's dinner for highlights of the year and recognition of individuals being honored for excellence in innovation, exemplary service, and legislative leadership in our new format. The awards dinner includes commentary by RCPA President/CEO Richard S. Edley, PhD. The dinner is an open event for all conference attendees, regardless of membership status. Please join us for dinner. We thank member and Platinum sponsor, **Alkermes, Waltham, MA**, for supporting the dinner.

Thursday Evening Entertainment

Thursday, October 12, 9:00 pm – 12:00 am

Aztec Ballroom

The excitement and enthusiasm of the DJs from Mr. B's will bring the fun and entertainment to the next level. Join us for some after-hours music and dancing, or just to unwind from the day!

Sponsored by **UPMC Community HealthChoices, Pittsburgh, PA**



Executive Level Track

NEW

Wednesday, October 11

We are pleased to announce this year's Annual Conference will offer a new **Executive Level Track**. The new series of workshops are designed to focus on the interests and concerns of high-level executives. This series will feature presenters from The Penn State Smeal College of Business at Penn State University. Please join us on Wednesday for workshops W21, W30, W38, and W47 as part of this new series. We trust this series will provide you with useful ideas and suggestions to improve performance, develop and execute best practices, engage talent, build resilience, and develop leadership. In addition to these four workshops, there are other sessions throughout the conference that support this track. We hope you enjoy the benefit of this year's new **Executive Level Track (ExL)**.

Exhibit Hall

Wednesday, October 11
Thursday, October 12

12:00 pm – 7:00 pm
8:00 am – 4:00 pm

Exhibit Hall Reception

Wednesday, October 11 5:00 pm – 7:00 pm

Join us in thanking Gold sponsor [PerformCare, Harrisburg, PA](#), for providing a light reception as guests have the first opportunity to meet and mingle with our vendors.

Lunch With Exhibitors

Wednesday, October 11 12:00 pm – 1:15 pm

Thursday, October 12 12:00 pm – 1:15 pm

Looking for lunch following a busy morning? Exhibit Hall is the place to be! Participants are invited to join vendors in Exhibit Hall to discuss business opportunities and eat lunch during Wednesday and Thursday's Lunch With Exhibitors. Lunch has been sponsored by [PCPA WCT, Harrisburg, PA](#). Ample seating is available; feast on an array of tasty selections while you make connections with exhibitors.

Snack Break/Giveaways

Thursday, October 12 3:00 pm – 4:00 pm

Don't miss this event that closes Exhibit Hall for 2017. We'll take one last opportunity to introduce you to each of our participating companies while enjoying light snacks and the fun of prize giveaways. The snack break is sponsored by silver sponsor [PA Health and Wellness, Camp Hill, PA](#).

During exhibit hours on Wednesday and Thursday, many vendors provide guests with the opportunity to participate in drawings for special prizes. We'll also select four grand prize winners on Thursday who will each win a \$250 gift card, sponsored by member and Bronze sponsor [Qualifacts, Nashville, TN](#).

Make sure you come back to the hall one last time to learn if you have won a prize! Assure that you have contact information for vendors with whom you are interested in discussing business before the hall closes and help us thank each of them for their participation.



To enhance your conference experience, please download the RCPA Annual Conference Mobile App from the App Store, available for Apple and Android products. Because there will be no printed programs, please use the conference app to plan for your personal conference experience.



SESSION A

1:00 pm – 2:30 pm

Tracks – CH, MH, HR, IDD

W01 From Provider to Parent: A View From Both Sides of the System

Rayni Anderson Brindley, MEd, BCBA, Devereux Advanced Behavioral Health

Crystal A

As providers and MCOs, the many challenges of staffing, funding, meeting stakeholder expectations, and working with some very challenging clients (and sometimes families) are commonplace. This workshop will give a view from the other side of the table from a tenured human services professional who had to enter the system as the parent of a child on the autism spectrum. The presentation will share strategies on how to better partner with families, advocate for system change that positively impacts service provision and children/families, and support employees navigating the system for their own family members.

Tracks – ExL, HR, LD

W02 Leadership and Emotional Intelligence (Part I)

John Amato, MEd, Familylinks

Wild Rose AB

Tune into the importance of emotional intelligence and interpersonal relationships in the workplace. Connecting with colleagues and employees on a genuine level is a direct result of high emotional intelligence and leads to a better working relationship. Find out how self-awareness, social awareness, self-management, and social skills influence the way people handle themselves and their relationships. Discover how these strengths play a bigger role than cognitive intelligence in determining success in life and in work, as studied by Daniel Goleman, author of *Emotional Intelligence* and other writings on this subject.

Tracks – DA, MH, ExL, HRF, MR

W03 Double Jeopardy – When Human Trafficking and Drug Trafficking Collide (Part I)

Rhonda Hendrickson, BS, YWCA Greater Harrisburg
Steven Turner, BA, JD, YWCA Greater Harrisburg

Magnolia AB

Human trafficking is a growing local, national, and global epidemic of sexual violence that often involves substance abuse/addiction. Victims span all ages and genders, with a high frequency involving 14-25 year olds. This workshop will be in two sections. The first section is essentially "Human Trafficking 101." Trafficking signs, symptoms, and indicators will be addressed. This will allow attendees to be equipped to identify, refer, and work with victims. The second section will focus on the intersection between human trafficking and drug trafficking. The complex trauma and substance abuse/addiction experienced by victims, as well as the overlap between human traffickers and drug traffickers will be highlighted.

BI – Brain Injury | BO – Business Operations | CH – Children’s Services | CO – Compliance/Risk Management | DA – Drug and Alcohol | ET – Ethics | ExL – Executive Level (CEOs, CFOs, COOs) | FM – Financial Management | HRF – Health Reform (CCBHC, Population Health, ACOs and PCMH) | HR – Human Resources | IDD – Intellectual/Developmental Disabilities | LD – Leadership | MH – Mental Health | MR – Medical Rehabilitation | PDA – Physical Disabilities and Aging | VR – Vocational Rehabilitation/Employment



“The business of business is relationships; the business of life is human connection.”

— Robin S. Sharma

Tracks – MH, CH

W04 Early Psychosis Services: Philadelphia PEACE Program

Irene Hurford, MD, Horizon House, Inc.

Empire A

This presentation will provide attendees with a general understanding of what psychosis is, the main components of an Early Psychosis Service, and the current evidence base for providing early intervention in psychosis. The symptoms and course of psychosis will be described with emphasis on the importance of decreasing the duration of untreated psychosis. Attendees will review a brief history of how Early Psychosis Services were developed, the components of these services, and the current status of their implementation in the United States. Attendees will leave with an understanding of the benefits associated with the effective use of such services as compared to traditional interventions. Lastly, the presentation will provide an overview of the PEACE (Psychosis Education, Assessment, Care, and Empowerment) Program, as an example of implementing and developing an Early Psychosis Service. PEACE is a program of Horizon House, a community-based mental health organization serving Medicaid eligible, urban youth in the Philadelphia region.

Track – IDD

W05 Risks Versus Rights: Safely Supporting Individuals With Sexual Trauma

David K. Attryde, MS, LPC, Resources for Human Development, Inc.

Riki Geyer, MSW, Resources for Human Development, Inc.

Empire B

The movement to deinstitutionalize people with intellectual and developmental disabilities continues nationwide. Community living with a person-centered approach stressing civil and individual rights has greatly enhanced the lives of this vulnerable population. Research has shown the IDD population to disproportionately be victims of trauma, including sexual abuse. For some individuals, the trauma history, along with other antecedents, yields significant sexual behavior problems including rape, sexual assault, and child molestation. The societal cost of such is well documented and the need for treatment and prevention is urgent. Supporting and treating individuals with IDD and sexual behavior problems involves an intrinsic tension between the forensically driven field of sex offender treatment and the person-centered, trauma-informed, and evidence-based manner of care while balancing their rights and needs with the safety of a rightly concerned community. Participants will take away knowledge of risk assessments, screening tools, websites, and publications.

Track – PDA

W06 Delivering Services and Fostering Independence in Rural Regions

Nan Sninsky, BA, University of Pittsburgh, Transitional Paths to Independent Living

Brenda Dare, Transitional Paths to Independent Living

Kathleen Kleinmann, MSW, MPH, Transitional Paths to Independent Living

Empire C

This presentation will educate service providers about ways to assist consumers with resources and actions that will support access and independence for senior citizens and people with all types of disabilities. The first half of the session will inform participants on physical/informational accessibility issues specific to rural consumers. The second half of the session will be devoted to interactive communication between the presenters, one of whom is a consumer of services, and session participants. Through case studies and attendees' real-life experiences in rural service delivery, the group will brainstorm and problem-solve.

Tracks – ET, MH, CH

W07 Understanding Boundaries and Ethical Challenges in Rural Settings (Part I)

Greg McCutcheon, MA, CMU

Empire D

Human service workers in rural areas face unique ethical challenges in meeting the needs of the individuals and families they serve. These ethical challenges rely on the worker's ability to establish and maintain professional boundaries that require a clear understanding of the limits, responsibility, and role of the service provider. Professional boundaries provide clearly established limits that allow for a safe connection between workers and the individuals and families they serve. Exploring professional boundaries and their magnified importance in rural settings is crucial for social service workers wishing to serve in rural communities. Knowing the warning signs of common boundary violations and understanding the steps in creating and maintaining healthy professional boundaries ensure a positive and helpful relationship with individuals and families in rural settings.



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Tracks – CH, MH, PDA, IDD, MR, BI

W08 When Caring Costs You – Compassion Fatigue

Holly Hampton, MS, LPC, JFIS I, Community Services Group
Lisa Basci, MA, LPC, Community Services Group

Magnolia C

Compassion fatigue can occur in anyone working with people who have experienced trauma. Compassion fatigue, symptoms and warning signs, as well as differentiating between other forms of fatigue and stress at work will be discussed. Many approaches to compassion fatigue focus on the use of self-care within the clinician outside of work. A novel idea that is continuing to be researched related to supervision, as well as a review of current supervisory models, will be presented. Application of specific skills identified in supervision models that work to minimize the risk of compassion fatigue and create higher compassion satisfaction will be highlighted.

Track – IDD

W09 Managed Care for the Disability Services Industry – the Minnesota Model

George Klauser, Altair ACO
Nate Tyler, PMI, Simply Connect

Magnolia D

An opportunity to hear of the experience of a Minnesota-based group that is focused on new care paths for people with disabilities as we approach the expansion of various Managed Care Models. Discuss their new program examples and personal experiences about how to balance the person focus with the fiscal responsibilities we as providers face today and in the future. See how technology has become the foundation of the delivery of services with a focus on the TCOC (total cost of care).

SESSION B

2:45 pm – 4:15 pm

Tracks – ExL, HR, LD

W02 Leadership and Emotional Intelligence (Part II)

John Amato, MEd, Familylinks

Wild Rose AB

Tune into the importance of emotional intelligence and interpersonal relationships in the workplace. Connecting with colleagues and employees on a genuine level is a direct result of high emotional intelligence and leads to a better working relationship. Find out how self-awareness, social awareness, self-management, and social skills influence the way people handle themselves and their relationships. Discover how these strengths play a bigger role than cognitive intelligence in determining success in life and in work, as studied by Daniel Goleman, author of *Emotional Intelligence* and other writings on this subject.



Tracks – DA, MH, ExL, HRF, MR

W03 Double Jeopardy – When Human Trafficking and Drug Trafficking Collide (Part II)

Rhonda Hendrickson, BS, YWCA Greater Harrisburg
Steven Turner, BA, JD, YWCA Greater Harrisburg

Magnolia AB

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Tracks – ET, MH, CH

W07 Understanding Boundaries and Ethical Challenges in Rural Settings (Part II)

Greg McCutcheon, MA, CMU

Empire D

Human service workers in rural areas face unique ethical challenges in meeting the needs of the individuals and families they serve. These ethical challenges rely on the worker's ability to establish and maintain professional boundaries that require a clear understanding of the limits, responsibility, and role of the service provider. Professional boundaries provide clearly established limits that allow for a safe connection between workers and the individuals and families they serve. Exploring professional boundaries and their magnified importance in rural settings is crucial for social service workers wishing to serve in rural communities. Knowing the warning signs of common boundary violations and understanding the steps in creating and maintaining healthy professional boundaries ensure a positive and helpful relationship with individuals and families in rural settings.

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Tracks — BO, ExL, FM, HRF, LD, MH

W10 Opportunities for Success in the New Era of Value-Based Care

Monica Collins, MA, MBA, Magellan Behavioral Health of PA, Inc.

Jim Leonard, LCSW, MBA, Magellan Behavioral Health of PA, Inc.

Don Panto, BA, PMP, The Panto Group, LLC

Crystal A

Building on concepts discussed in the 2016 RCPA workshop, this session will demonstrate, through successes and lessons learned, how value-based purchasing models are evolving in an ever-changing health care environment to align cost with quality. The focus will be on the competencies needed in order for providers to be successful in value-based payment and care models. Specific themes and examples will be demonstrated through MCO, consultant/former county administrator, and provider experiences and viewpoints.

Tracks — DA, MH

W11 Creating Trans-Affirming Programs and Services

Laura Sorensen, MSW, Resources for Human Development Inc.-Morris Home

Andrew Spiers, MSS, Resources for Human Development Inc.-Morris Home

Kade Collins, MSW, Resources for Human Development Inc.-Morris Home

Empire A

Research shows us that members of the transgender community are likely to delay or fail to seek substance abuse treatment due to concerns about discrimination and harassment. Additionally, treatment for many trans people is unsuccessful when it fails to take a holistic approach to recovery that supports trans individuals through the unique barriers they encounter, or celebrate the resilience of individuals in this community. This session will describe an eight-bed residential drug and alcohol treatment program, serving members of the transgender and gender non-conforming community. It is the only program of its kind in the country. Morris Home supports trans and gender non-conforming individuals as they develop the knowledge, skills, and supports necessary to promote sobriety, manage emotional and behavioral difficulties, choose and maintain safe and healthy lifestyles, and develop healthy relationships with peers, family, and the community. In this workshop, the leadership and clinical team will provide participants with the language, knowledge, and practical skills to provide trans-affirming, inclusive, and culturally competent services to transgender and gender non-conforming clients.

“When we try to pick out anything by itself, we find it hitched to everything else in the universe.”

— John Muir



Tracks — HR, LD

W12 Understanding Your Organization’s DNA

Richard Latella, MEd, SPHR, SHRM-SCP, Devereux Advanced Behavioral Health – PA CIDDs

Caroline Gathura, MS, PHR, Devereux Advanced Behavioral Health – PA CIDDs

Erin Murphy, MS, PHR, SHRM-CP, Devereux Advanced Behavioral Health

Empire B

“Understanding Your Organization’s DNA” is an approach to exploring employee retention. As recruiting for employees – especially direct support professionals – becomes more difficult, the issue of retention becomes more important. This organization first looked at what was important to its employee base, helped them identify and articulate what they value, and then used that information to mold the entire life cycle of an employee around those findings. Using small group exercises, the audience will recognize how the organization selected the correct tools, collected the data, interpreted the results, and implemented programs that helped address the issue of retention.

Tracks — VR, IDD

W13 PUTTYWORLD: A Successful Employment Model for People With Disabilities

Aaron Muderick, BS, Puttyworld

Empire C

Thinking Putty® is the brainchild of Aaron Muderick, President and CEO of Crazy Aaron’s Puttyworld, a toy manufacturer based in the Philadelphia area. As his business grew, Aaron was determined to have Thinking Putty be made in the USA in a way that gave back to his community. Today, he works with seven Philadelphia-area vocational centers to employ over 800 individuals with intellectual and developmental disabilities. Aaron has testified to the PA Legislature on the importance of these centers, the meaning of work, and what these individuals bring to his company and products. Participants will understand the need for varying levels of vocational training and support.

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SESSION C

4:30 pm – 6:00 pm

*Tracks – DA, MH, CH***W16 Behavioral Health Trends & Updates: Strategies for the Road Ahead****Nina S. Marshall, MSW**, National Council for Behavioral Health*Magnolia ABCD*

Behavioral health providers rely on information at a national level to help inform work in state and local arenas, often turning to the National Council for Behavioral Health for up-to-the minute public policy and payment news in the changing health care environment. In this session, Ms. Marshall will share current trends in behavioral health Medicaid design from around the country, discuss the evolution of value-based payments for behavioral health, and identify strategies for success in this environment.

*Track – IDD***W17 ANCOR Federal Update: What's Happening in Washington, DC?****Gabrielle Sedor, CAE**, ANCOR – the American Network for Community Options and Resources*Empire ABCD*

ANCOR is proud to represent disability service providers as their national trade association in Washington, DC. Join ANCOR for an informative session detailing the latest of what is happening in Congress, the federal agencies, and the White House that impacts people with disabilities and their service providers. From Medicaid reform efforts to new positions on state flexibility, a revised approach to issuing rules and regulations, and policies that impact workforce, there is much to share! ANCOR COO Gabrielle Sedor will delve into the federal relations work that ANCOR does in the heart of the nation's capital and share insider knowledge about what policies are making their way from Washington, DC to your agency or organization!

*Tracks – CH, LD, MH, VR***W14 Helping Youth and Young Adults Find Their Recovery****Wendy Luckenbill, BFA**, Community Care**Joel Brecht, MSW**, Community Care**Lisa Kennedy**, Community Care*Magnolia C*

The recovery approach is a powerful transformational tool for adults with behavioral health challenges. It has revolutionized the way practitioners support adult participation in their own care, broadening care to include natural supports and personal medicine. There are many logical intersections between the principles of children's system of care reform, CASSP, and recovery principles. When integrated, they can guide and bridge the inspiring and often difficult transition to adulthood for youth and young adults with behavioral health challenges and their families, helping everyone to build "capitol" that can be further invested. This workshop will help practitioners explore the application of recovery for their own work with young people, as well as learn from those with lived experience in the use of products including Community Care's Youth and Young Adult Advisor's Comic Book, *Our Voices*. The workshop will also present perspectives from Family Advisory Board members, who will help explore the evolving role of families as they support the transition process.

*Tracks – ExL, IDD***W15 Change Management for Agency Executives****Cate Deane**, MITC*Magnolia D*

Learn how to develop a well-crafted Change Management Plan from the leader in workforce management solutions for agencies. Attendees will learn the five parts of a successful change management plan, the essential role of managers in adopting new technology, how to engage managers in the process, and examine tools for advocating for change at your agency.



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SESSION D

8:30 am – 10:00 am

Track – DA

W18 Medication-Assisted Treatment: A Current Analysis

Michael Palladini, RPh, MBA, Pyramid Healthcare, Inc.

Crystal A

Medication-Assisted Treatment (MAT) involves the use of medicine in assisting treatment applied to individuals experiencing opiate dependency. MAT involves the use of medications, specifically methadone, buprenorphine, and naltrexone, to treat the symptoms of opioid dependency. This session will review the medications and discuss the proper use of each, including dosages, treatment parameters, and goals of therapy. Pharmacology and opioid relationships will be reviewed to better understand the biochemical nature and therapeutic value of medication-assisted treatment. Diversion potential and clinically complicating factors will also be reviewed.

Tracks – CH, MH

W19 Open Access – One Year Later

Kimberly A. Caton, MA, NHS Children's Reach

Wild Rose AB

This workshop is intended to be an overview of the open access concept of outpatient mental health care – the value it brings to patients and providers, the challenges and adaptations involved in establishing such a model, and the outcomes it has produced in a setting where it has been able to be maintained. Topics will include staffing and other necessary resources, discussion around full, partial, or gradual implementation, and then information about what ensues after open access. The achieved outcomes will be presented as well as issues (foreseen or unforeseen) that needed to be managed.

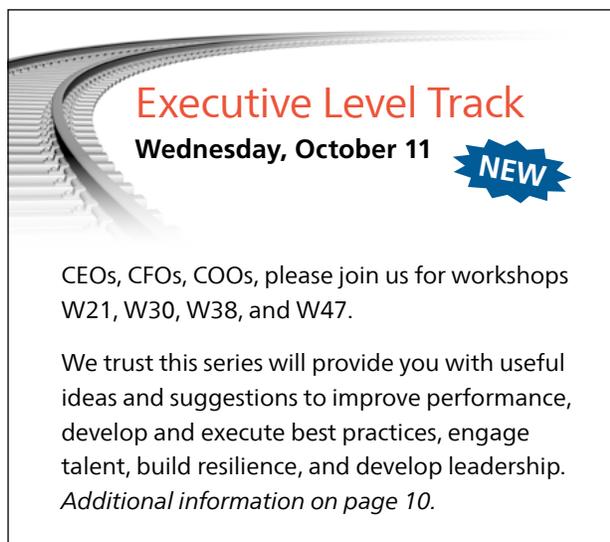
Track – MH

W20 Journey to Now: Exploring Self and Beauty in the Artifacts of Our Age

John Muehsam, MSW, LSW, CAADC, CDCORP, Elwyn Behavioral Health

Magnolia AB

This session will explore the contemporary experience of self through analysis of popular music and videos from The Beatles, Pink Floyd, Metallica, Nirvana, and Pearl Jam. We will consider how popular culture demonstrates Philip Cushman's thesis that the masterful, bounded, emotional self of late modernism is characteristically empty and in a consumerist search for filling. The place of artistic expression in light of Elaine Scarry's thesis that beauty confronts and compels us toward social justice will be considered. Through the lens of popular art, participants will gain a fresh look at the impact of late modernism's self-configuration on individuals at risk for suicide, violence, destructive behaviors, and mental illness, as well as direction for how art and beauty may be useful toward healing.



Executive Level Track
Wednesday, October 11 **NEW**

CEOs, CFOs, COOs, please join us for workshops W21, W30, W38, and W47.

We trust this series will provide you with useful ideas and suggestions to improve performance, develop and execute best practices, engage talent, build resilience, and develop leadership.
Additional information on page 10.

Track — ExL

W21 Strategic Leadership: Managing the Cycles of Change

Dr. Albert Vicere, Pennsylvania State University

Empire A

Strategic leaders must assess the forces shaping the marketplace and customer needs, align the enterprise vision and direction, develop strategies to meet client needs, and manage the organizational structure, processes, and people to successfully and profitably execute the strategies. Throughout, a strategic leader instills a culture of patient focus and change that is consistent with the vision and values.

Track — IDD

W22 Supporting Complex Health Care Needs of Individuals With IDD

Melissa A. DiSipio, MSA, FAAIDD, Philadelphia Coordinated Health Care

Empire B

The role of the middle manager or frontline supervisor is crucial as people with IDD age and live longer than ever before, and as direct support professionals (DSPs) seem younger and have higher turnover rates. Advances in medical knowledge and treatment have enabled more care in the home setting by lay people versus a medical setting. We are at a time when we are expecting younger and less knowledgeable DSPs to not only help care for the daily living skills of people with IDD, but also help treat diagnoses such as cancer, dementia, diabetes, and dysphagia. The Great Supervisor Program (GSP) was developed and produced by Philadelphia Coordinated Health Care (PCHC) in an effort to help train middle management staff on how to better communicate with DSPs and also to help raise the awareness of a person's health care treatment. Participants learn the important values that frontline supervisors need to model as they help direct care staff meet the health care needs of people they support, including how to create and follow a health promotion activity plan. Topics will include supportive communication, advanced listening, effective feedback, medical documentation, and health promotion action plans. The audience will be able to walk away with concrete educational resources and examples to use in their own workplaces.

Tracks — CH, MH

W23 Positive Behavior Support Training for Foster Families

Rachel Eisenberg, PhD, NCSP, Devereux Center for Effective Schools

Laina Stricker, MEd, BCBA, Devereux Center for Effective Schools

Empire C

Positive behavior support (PBS) is a distinctive approach to managing behaviors of children both in regular and special education. The purposes of this presentation are to discuss the relevance of PBS for serving children in child welfare settings, describe PBS enhancements to a training program for therapeutic foster parents, and present outcomes from a pilot implementation of the training program at a therapeutic foster care agency in a large urban community.

“Connection is the energy that is created between people when they feel seen, heard, and valued – when they can give and receive without judgement.”

— Brené Brown

Tracks — DA, CH, BI, HRF, IDD, MH

W24 Fetal Alcohol Spectrum Disorders in Youth: Become Involved (Part I)

Gordon R. Hodas, MD, PA Office of Mental Health and Substance Abuse Services, DHS

Shannon Fagan, PA Office of Mental Health and Substance Abuse Services, DHS

Dianna Brocious, PA System of Care Partnership

Lyn Becker

Empire D

From the perspective of both individual health and population health, it is imperative that professionals in behavioral health and all human services understand Fetal Alcohol Spectrum Disorders (FASD) in children, adolescents, and young adults. Often an invisible disability, FASD interferes with child and youth development and may result in a range of negative life outcomes. This double workshop addresses FASD in terms of clinical and policy challenges and potentially helpful clinical and policy interventions. This session will be presented from the perspectives of a parent, the DHS/OMHSAS Task Force, and its clinical dimension.

Tracks — HRF, MH, DA

W25 Different Avenues of Integrated Primary and Behavioral Health Care

Carolyn Lewis, PsyD, NHS Bucks and Montgomery Counties
Christine Hunsberger, MEd, NCC, LPC, NHS, Berks, Lehigh, & Northampton Counties

Chante Smith-Roberson, MS, NHS Delaware County

Holly Karalus, LSW, PCHA, NHS

Beth McAlister, RN, MSHA, NHS

Stacey Marie Little, MA, NHS Northeastern Pennsylvania and Bradford/Sullivan/Tioga Counties

Magnolia C

This panel presentation offers an overview of the variety of ways that behavioral health centers in the publicly funded sphere can integrate behavioral health care with primary care. Different NHS directors will present the models and tools that they are using — physical health screening, behavioral health liaisons, nurse navigators, Peer Wellness Coaching, Wellness Recovery Teams, InSHAPE, reverse co-location, and variations on the collaborative care model. This presentation will open up a discussion of what integrated primary and behavioral health services to provide and how to get them up and running.

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Tracks — PDA, BI, ExL, FM, LD, BO

W26 Demystifying Value-Based Payments for LTSS: You Can Be Ready!

Fady B. Sahhar, MBA, PhD, XtraGlobex, Inc.

Magnolia D

Value-Based Payments (VBP) are an integral part of the successful implementation of Managed Long-Term Services and Supports (LTSS). For Pennsylvania providers, collaboratives, and Accountable Care Organizations (ACOs), VBP require a clear understanding and specific strategies to prepare for optimizing the consumer satisfaction, quality, and financial rewards. Success in VBP is a deliberate process; it is both interactive, transactional, and transformational. During this session, we will provide definitions and examples of VBP in the LTSS communities. Specific examples of success stories and some clear strategies you can consider for your organization or ACO will be reviewed. We will relate these conceptual frameworks to the Pennsylvania environment. The session will also include an interactive town hall meeting style to answer questions and provide additional details.

SESSION E

10:15 am – 11:45 am

Tracks — DA, CH, BI, HRF, IDD, MH

W24 Fetal Alcohol Spectrum Disorders in Youth: Become Involved (Part II)

Gordon R. Hodas, MD, PA Office of Mental Health and Substance Abuse Services, DHS
Shannon Fagan, PA Office of Mental Health and Substance Abuse Services, DHS
Dianna Brocious, PA System of Care Partnership
Lyn Becker

Empire D

From the perspective of both individual health and population health, it is imperative that professionals in behavioral health and all human services understand Fetal Alcohol Spectrum Disorders (FASD) in children, adolescents, and young adults. Often an invisible disability, FASD interferes with child and youth development and may result in a range of negative life outcomes. This double workshop addresses FASD in terms of clinical and policy challenges and potentially helpful clinical and policy interventions. This session will be presented from the perspectives of a parent, the DHS/OMHSAS Task Force, and its clinical dimension.

“You can’t move so fast that you try to change the mores faster than people can accept it. That doesn’t mean you do nothing, but it means that you do the things that need to be done according to priority.”

— Eleanor Roosevelt



Tracks — MH, HRF

W27 Behavioral Health Homes: Optimizing Health and Wellness

Deb Wasilchak, MA, Community Care
Tracy Carney, CSP, CPRP, Community Care
Patty Schake, MSW, LSW, Community Care

Crystal A

Individuals with serious mental health conditions are vulnerable to chronic diseases and have decreased life expectancy according to the literature. Behavioral health providers can serve an important role in addressing unmet medical needs, as they are often a primary point of contact with the health care system for this population. Understanding which interventions work best and for whom will be of great benefit to health systems and the patients they serve. To address this need, Community Care leveraged its ongoing collaboration with stakeholders to design and conduct a Patient-Centered Outcomes Research Institute sponsored study comparing the effectiveness of two behavioral health home interventions. This presentation will share study findings and facilitate audience discussion of the applicability to optimizing health and wellness for individuals with complex needs engaged in behavioral health services.

Track — IDD

W28 Overview of New Services in Consolidated and P/FDS Waivers

Julie Mochon, PA Office of Developmental Programs
Kristin Ahrens, PA Office of Developmental Programs

Wild Rose AB

On July 1, 2017, The PA Office of Developmental Programs (ODP) began implementation of the newly renewed Consolidated and P/FDS Waiver applications. These waiver renewals mark significant changes in the home and community-based services offered by ODP. In this session, ODP staff will provide an overview of the new services available to participants in the Consolidated and P/FDS Waivers. The overview will include service descriptions, service limitations, and applicable provider qualifications.

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Tracks – BI, MH, MR, IDD, HRF

W29 Voices in the Darkness

John W Mullen, RN, BSN, PHRN, CFRN, Geisinger Medical Center

Magnolia AB

This presentation celebrates the power of simple touch and talk in the high tech environment of an intensive care unit. We have more than just science to offer to our unconscious or dying patients. If you missed John last year, be sure to check him out this year!

Track – ExL

W30 Facilitating Change or Fostering Stagnation?

Dr. James B. Thomas, Pennsylvania State University

Empire A

Boards for any kind of organization are complex in many ways, often dogmatic or at least isolated, are self-assessed brilliant, and always work through a set of heuristics and biases that can cloud how they deal with the complexity of many 21st century issues. In this session, we explore cognitive and group constraints of boards that can lead to stagnation for the organization; examine how information technology and cyber-security issues, as an example, can get caught up in these constraints; and discuss how you can make a difference as a board or non-board member in your organization for change.

Track – DA

W31 Patients, Providers, and Payors – Uniting for Recovery and Wellness

Cancelled



“The most important things in life are the connections you make with others.”

— Tom Ford

Tracks – MH, PDA

W32 Older Adults in a Changing World: Behavioral Health, Sexuality, Dementia, and Long-Term Care

Elisha Elliott Leavy, LCSW, MEd, Phoebe Ministries

Empire C

This program will explore challenging dynamics in providing care for older adults, especially as the cohorts change from the WWII generation to the Baby Boomers. Older adults have many, if not all, of the same needs as their younger counterparts; but as we age, some of our needs become less visible, or even extinct, to others. Complicating this challenge of general aging are factors that make the experience even more difficult for some – cognitive changes, behavioral health needs, and meeting the needs for human connection and touch that may become pathologized – especially in long-term care settings. This program seeks to identify some of these challenges, normalize the diversity of the aging process, and explore some of the areas of caring for older adults that are often seen as challenging, including topics that some caregivers find difficult to address.

Tracks – VR, MH, IDD, PDA

W33 WIOA Section 511 Implementation: OVR's Career Information & Referral Sessions

Dana Baccanti, MA, CRC, PA Office of Vocational Rehabilitation

Hastie LeFevre, MA, PA Office of Vocational Rehabilitation

Kathleen McGrath, MS, CRC, PA Office of Vocational Rehabilitation

Magnolia C

Overview of Section 511 of the Workforce Innovation & Opportunity Act (WIOA) of 2014, its final regulations, as well as its parallels to the HCBS Final Rule. Information will be provided regarding the roles and expectations for Office of Vocational Rehabilitation (OVR), 14c Certificate Holders (CRPs), Persons with Disabilities (PWD) engaged in subminimum wage, and their families with regard to Section 511 requirements. The presenters will provide an overview of the roles of the federal Departments of Labor and Education in the oversight of Section 511 implementation. Participants will have the opportunity to review the content delivered by OVR in a typical Section 511 Career Information & Referral Session. The presenters will delineate the differences in requirements for youth under the age of 25 and adults who wish to enter into subminimum wage employment. Presenters will provide a brief overview of changes in the Commonwealth Workforce Development System (CWDS) for Section 511 data management. Participants will be provided with an opportunity to ask questions.

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Tracks — HR, LD

W34 Top Five Mistakes Hindering Your Performance Appraisal Process

Michael S. Cohen, Esquire, Duane Morris, LLP

Magnolia D

Looking for ways to make your performance appraisals more productive? In avoiding the five mistakes that will be discussed in this seminar, you can establish more constructive, meaningful, and impactful performance appraisals that employees might actually appreciate. Now more than ever, providing employees with continuous feedback about their performance is critical. Performance appraisals are important, despite much discussion to the contrary, but the way in which they are conducted is critical. In this program, we will identify ways to implement a more effective system and will provide advice not only on how to avoid the mistakes, but also will examine those things hindering effective facilitation and implementation.

SESSION F

1:30 pm – 3:00 pm

Tracks — CO, BO, DA, FM, MH, LD

W35 Best Practices in Credentialing and Network Participation

Connell P. O'Brien, MEd, RCPA

Jamie L. Buchenauer, PA Department of Human Services

Sherry L. Peters, MSW, ACSW, PA Office of Mental Health and Substance Abuse Services

Barbara A. Miller, PerformCare

Charlotte Chew, Beacon Health Options

Kristin F. Burns, MBA, Community Care

Scott D. Donald, Magellan Health Services

Kimberly A. Doyle, MEd, Community Behavioral Health

Crystal A

As a follow up to last year's workshop, the BHMCO-RCPA Task Force discussed the development of education and training materials related to credentialing. The group identified three key areas of focus for the training: 1) provider examples of operationally efficient and effective management of credentialing; 2) the role of credentialing in managing "specialty" and evidence-based models in the credentialing and service network management; and 3) discussion of provider experiences with the universal form in the context of multiple BH-MCO contracting. This workshop will be an opportunity for providers and BH-MCO representatives to advance these goals.

"If we connect with nature, we can reconstruct our soul, spirit and strength."

— Lailah Gifty Akita

"If you have a connection to someone, it doesn't matter what their exterior is."

— Agyness Deyn

Tracks — VR, IDD, BI, HRF

W36 Recent Developments in Federal Disability Policy That Affects Providers

Kate McSweeney, ACCSES

Terry R. Farmer, ACCSES

Wild Rose AB

Under existing Federal laws including the Americans with Disabilities Act, as interpreted by the US Supreme Court in *Olmstead v. L.C.*, 527 US 581 (1999), questions arise regarding the application of the "most integrated setting appropriate" mandate in service delivery systems. Recent Department of Justice policy pronouncements and actions, the Medicaid Home and Community-Based Services regulations and policy guidance issued by CMS, and WIOA have encouraged state agencies to reconsider whether or not they may legally continue to fund an array of prevocational and employment-related services and supports and a continuum of placement options for individuals with intellectual and developmental disabilities and others. Among existing optional settings and services that are threatened include skill development centers (e.g., "sheltered workshops"), work crews/enclaves, especially those paying special minimum wages, and day habilitation programs. Does Federal law compel the closing of skill development centers and the elimination of work crews/enclaves and certain day habilitation programs? This presentation will address that question and provide analysis and examples that participants can use to educate policymakers and stakeholders in their respective areas.

Track — PDA

W37 Making Connections: From the Nursing Home to the Community

Andrea Costello, Transitional Paths to Independent Living – TRPIL

Brenda Dare, Transitional Paths to Independent Living – TRPIL

Magnolia AB

Freedom from institutions for people with disabilities is a principle that has always been part of this rural, Southwestern Pennsylvania's Center for Independent Living (CIL). The presenters will share their unique approach to nursing home transition and community living. The team joins a diverse, integrated, and systemic delivery system while maintaining the connection between the Center for Independent Living, the consumer, and the community. This session will engage participants in learning the basics of nursing home transition, while the presenters encourage open discussion related to identifying common barriers and solutions, the importance of forming provider networks, identifying program goals and objectives, developing community supports and services, and what makes a transition successful.

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Track – ExL

W38 Talent Development and Succession Planning: Culture of Exemplary Service and Care

Maria Taylor, Pennsylvania State University

Empire A

Developing the organizational capabilities and talent to deliver on the mission and strategic goals of the organization is one of the most important and often most difficult challenges facing a strategic leader. A leader must develop technical talent that is combined with the ethos of service and caring necessary to execute the organization's mission. This session provides frameworks to develop leadership capabilities and a culture of service at all levels of the organization. The session provides tools for talent management and succession planning in the health care and service sectors. We will explore how exemplary organizations pull it all together to create an outstanding culture of service and care.

Tracks – ET, MH, CH, DA

W39 Attitudes and Ethics in Suicide Prevention (Part I)

Mandy Fauble, PhD, LCSW, Safe Harbor Behavioral Health of UPMC Hamot

James Wyler, MA, CPRP, Mon Yough Community Services, Inc.

Empire B

Suicide is a worldwide phenomenon and one that takes a heavy emotional, relational, and financial toll on communities. As helping and health care professionals, we face a myriad of ethical, legal, and procedural demands that shape both our attitudes and our interventions. As individuals, we bring our own personal experiences and lenses into these challenging situations. This workshop provides a forum to evaluate the intersection of the professional and the personal, by considering attitudes toward suicide, professional experiences, and the chosen interventions to assist individuals at risk for suicide. We will build on the exploration of our insights and attitudes by then applying a series of ethical frameworks to guide decision making in involuntary commitment while in our professional capacities.

Tracks – ExL, LD, BO, FM

W40 The Merger Process: Story of a Merger

Stephen Christian-Michaels, Wesley Family Services

Douglas Muetzel, Wesley Family Services

Empire C

The merger of Family Services of Western PA and Wesley Spectrum, two RCPA members, will be presented. The merger process will be described, including the initial explorations of a merger, early involvement of the board, the due diligence process, interface with the PA Department of Human Services, development of a communication plan, foundation funding for the merger costs, and the development of a growth plan. The presentation will describe the ways the boards were actively involved, plans to retain staff and ways to keep senior staff, avoiding the brain drain, and the process of developing budgets for the new entity.

Track – MH

W41 CBT and Exposure Techniques in the Treatment of OCD and Anxiety

Ron Simon, LCSW, Children's Service Center of Wyoming Valley, Inc.

Empire D

The treatment of OCD and anxiety disorders are often misunderstood. Participants will learn how many times clinicians are prone to provide reassurance and how this leads to actually reinforcing the symptoms. This training will directly teach cognitive behavioral and exposure therapy techniques to participants through direct examples and case studies. Knowledge and skills taught will be hands-on and direct, so participants will not just leave with theory, but direct and concrete ways that they can use the theory in their practices. Direct examples of exposure therapy will be exemplified in this training session.

Tracks – IDD, MH

W42 Dual Diagnosis Treatment Team: Overcoming Barriers Through Partnerships

Molly Brown-Steranko, MS, LBS, NHS

Terri Salata, Service Access & Management

Alison Berger, LSW, NHS

George Bell, MA, BSL, PA Department of Human Services

Kevin Kumpf, PhD, NHS

Wendy Bochicchio, Pathways, Inc.

Magnolia C

Through a dynamic panel discussion, the NHS Dual Diagnosis Treatment Team will walk the audience through one or more cases which experienced significant system barriers that impeded the individual from finding successful treatment interventions. The panel will consist of several system partners from a variety of direct and administrative roles within the system who will highlight how the inter-agency team worked together to support the individual in finding their way towards an everyday life.



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Tracks — HR, BO

W43 Devaluing Diversity – Avoiding Mistakes in the Hiring Process

Michael S. Cohen, Esquire, Duane Morris, LLP

Magnolia D

This session will examine the importance of diversity in your workplace and analyze mistakes commonly made during the interview process which can “undo” all of the steps your organization has taken to enhance and embrace diversity. Creating and embracing diversity not only is the right thing to do, it absolutely is essential for the success of your organization. The hiring process is a critical process for your organization to achieve these goals; however, doing so without creating a legal liability is crucial. This session will focus on what you can and cannot do during the hiring process to achieve the diversity your organization demands.

SESSION G

3:30 pm – 5:00 pm

Tracks — ET, MH, CH, DA

W39 Attitudes and Ethics in Suicide Prevention (Part II)

Mandy Fauble, PhD, LCSW, Safe Harbor Behavioral Health of UPMC Hamot

James Wyler, MA, CPRP, Mon Yough Community Services, Inc.

Empire B

Suicide is a worldwide phenomenon and one that takes a heavy emotional, relational, and financial toll on communities. As helping and health care professionals, we face a myriad of ethical, legal, and procedural demands that shape both our attitudes and our interventions. As individuals, we bring our own personal experiences and lenses into these challenging situations. This workshop provides a forum to evaluate the intersection of the professional and the personal, by considering attitudes toward suicide, professional experiences, and the chosen interventions to assist individuals at risk for suicide. We will build on the exploration of our insights and attitudes by then applying a series of ethical frameworks to guide decision making in involuntary commitment while in our professional capacities.

Tracks — CH, MH

W44 Cultivating Personal Growth: Empower Girls With Courage, Confidence, and Authenticity

Cynthia C. Stauffer, MS, Susquehanna Psychological Services

Crystal A

This workshop will help the audience recognize negative subliminal messages in the media and society directed at females and develop ways to change how they communicate with and about females. The ideas presented are easily followed and will help effect positive change in girls and those who work with them. The workshop is based on nine tips for empowering girls with courage, confidence, and authenticity as outlined in the presenter’s book: *Girls & Women, Simply Be Your Magnificent Self*. The strategies for impacting girls were derived from many years of working with females, international consultant work with underprivileged and undereducated females, and research involving over 1,000 women.

Track — IDD

W45 Trauma Informed Care: A Culture Change

Astrid Berry, BA, QIDP, NADD-DDS, NHS

Magdalen Dombrosky, BA, NHS

Holly Koban, BS, NHS

Terry McNelis, MPA, NHS

Wild Rose AB

Starting in 2015, NHS began participating in the National Council for Behavioral Health Trauma Informed Care Learning Community. NHS serves over 40,000 individuals, the majority of which have encountered some incidence of trauma over the course of their lives. Research is revealing that many of the behavioral health challenges experienced by individuals (depression, anxiety, suicide, and substance abuse, as well as physical health challenges (e.g. obesity, COPD, chronic liver disease, and coronary artery disease) is the direct or indirect result of trauma. This presentation highlights IDD services in four pilot locations and the changes that came about for those participating in this initiative.

Tracks — VR, IDD, MH

W46 Employment First State Leadership Mentoring Program: Pilots to Present

Devon Grant, BA, JD, Governor’s Office PA State Government

Colleen Stuart, BA, Venango Training & Development Center, Inc.

Sue Lautenbacher, PhD, LARK Enterprises

Julie Mochon, Office of Developmental Programs, DHS

Rob Labatch, Hope Enterprises, Inc.

Lauren Princiotta, SpArc Services

Peter Keitsock, Avenues

Will Stennett, Family Services of Western PA

Magnolia AB

Given the changes vocational and other IDD providers face this fiscal year — with a complete revamp of the waivers, new regulations that shift PA program guidelines to align with CMS’ Final Rule, new requirements in WIOA, and the state and national Employment First initiative — this session will provide attendees with up-to-date information on the ODP Employment First State Leadership Mentoring Program’s (EFLMP) progress and outcomes throughout the state. State leaders will update on current and future initiatives, and vocational providers that participated in both of ODP’s EFLMP Transformation Boot Camps and subject matter expert consulting will provide their experiences and useful tools for transitioning into the future.

“Encourage, lift and strengthen one another. For the positive energy spread to one will be felt by us all. For we are connected, one and all.”

— Deborah Day

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Track — ExL

W47 Building Lifelong Resilience for Health and Human Services Executives

Dr. Leo Flanagan, CFR Advisory, LLC

Empire A

Health and human services are in a maelstrom of ever-changing priorities, new and opaque regulations, and relentless cost pressures. This is compounded by the relentless stream of data and information coming from all directions day and night. The result is crushing stress on the individual, leading to burnout. Research shows that burned-out executives achieve only 32% efficiency. Nationally, 29% of leaders are experiencing burnout; fortunately, burnout is reversible and preventable. This session, based on the latest neuroscience, will provide executives with an understanding of factors that lead to burnout for themselves and their staffs, how resilience increases individual productivity by 17%, physical well-being by 34%, and positive emotions by 29%, and practical, resilience-building skills that form the foundation of resilience.

Tracks — BO, CO, ExL

W48 Health Care, HIPAA, and Cybersecurity Update

Rich Sowalsky, CISA, Baker Tilly

Empire

According to recent HIPAA reports, between January 2012 and March 2015, more than 110 million health records have been reported as breached and 82.7% of health care facility patient record breaches have been the result of some form of hacking. With cybersecurity threats on the rise in the health care industry, how can organizations manage all of the risks associated with cybersecurity? Further, HIPAA requires organizations that handle health information to regularly review the administrative, physical, and technical safeguards they have in place to protect the security of the information. Today, there is an “expectation gap” between the cybersecurity risk appetite of management and how IT departments are managing security. This session will outline effective cybersecurity programs to help mitigate these cyber risks and minimize the gap.

Tracks — MH, CH, DA

W49 Voice to Vision to Action: A Stakeholder Engagement Toolkit

Tom Walker, MA, Magellan Behavioral Health of PA, Inc.

Timothy Connors, BA, Magellan Behavioral Health of PA, Inc.

John Lees, LSW, Magellan Behavioral Health of PA, Inc.

Empire D

The toolkit is intended to serve as a planning tool for those who are leading or supporting stakeholder engagement efforts within the mental health service delivery system. The toolkit aims to ensure that underrepresented and often hard to reach groups of constituents are engaged in equitable and culturally appropriate ways. Workshop participants will be exposed to key principles and components of an effective stakeholder engagement process as a basis for ongoing planning within the behavioral health service continuum of care and services delivery system.

Tracks — ExL, LD, HRF, MH, DA, FM

W50 Ready, Set, Activate: Why You Should Give a Darn About Person-Centered Recovery Planning

Diane M. Grieder, MEd, AliPar, Inc.

Amanda Saake, LMSW, CPRP, The Coalition for Behavioral Health, Inc.

Magnolia C

Although Person-Centered Recovery Planning (PCRP) is usually only within the purview of clinicians, it is important for administrators to pay attention to it in order to survive in today's health care climate. Funders, regulators, and innovative initiatives, including SAMSHA's CCBHC model, require the person-centered planning approach. For administrators, PCRP can impact the bottom line by providing more efficient and effective care to people right from the beginning of treatment. PCRP supports a holistic approach to care with proven outcomes. As value-based purchasing becomes our new reality, outcomes count! This interactive workshop will provide concrete solutions and tools for implementing PCRP in a care system based on implementation science and real-life experiences of the presenters that can be used in integrated care settings.

Tracks — HR, LD, ExL

W51 How to Attract, Hire, and Keep the Best!

Tim Casey, Allegheny HealthChoices, Inc.

Christie Knott, Predictive Synergistic Systems

Brandi Phillips, Allegheny HealthChoices, Inc.

Magnolia D

Hiring and retaining good employees is one of the most difficult aspects of working in the behavioral health system. Wages are low and resources are tight; this dynamic puts even more pressure on “getting it right.” This workshop will present the Predictive Index (PI) profiling tool to help organizations hire and keep talent. This presentation will guide the attendee through recognizing the limitations of current hiring processes, examining the true costs of bad hiring decisions, and utilizing the PI to radically change the way you hire and manage your employees. Additionally, workshop attendees will get to see a real-life demonstration of how PI is used in the day-to-day operations at Allegheny HealthChoices, Inc.



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Workshops – Thursday, October 12

SESSION H

8:30 am – 10:00 am

Tracks – CH, CO, LD

WS2 Children’s Leadership – A Panel Discussion

Robena Spangler, MS (moderator), RCPA
Sandy Weaver, MS, Penn State University
Stephanie Wolfe, MSW, LSW, National Quality Improvement Center for Adoption/Guardianship Support and Preservation
Jody Levison-Johnson, LCSW-C, National Council for Behavioral Health

Crystal A

As children’s services professionals, we have been challenged with unfunded mandates, absence of data to inform decisions, licensing/compliance issues, lack of a holistic approach for meeting the unique needs of families and youth in our “systems,” and an overall mission to “redesign” the child-serving system in PA. This moderated panel will discuss the importance of research, policy, and practice in the delivery and oversight of effective, outcomes-driven children’s services. The panelists will lead a discussion guided by transformational leadership principles. Transformational leadership is an approach that causes change in individuals and social systems. Ideally, it creates valuable and positive change with the end goal of developing leaders. It enhances motivation, morale, and performance through a variety of ways. These include connecting followers to the missions of their respective organizations, providing role modeling that inspires, challenging followers to take greater ownership for their work, and aligning them with tasks that optimize their performance. The approach also redesigns perceptions and values, and changes expectations and aspirations of employees and stakeholders. It helps to articulate an energizing vision and challenge goals and organizational cultures.

“Connection is health.”

— Taken from a larger quote by
Wendell Berry

Tracks – IDD, ExL, LD, MH, BO

WS3 Changing Models of Care Through Integrating Leadership and Technology Connections

Rene Burke, MS, BSN, RN, NHS
Tom Morgan, BA, NHS
Sherri Portnoy, MBA, SPHR, NHS
Shaleea Shields, BS, NHS

Wild Rose AB

The need to contain health care costs and to address a shrinking workforce has seen the development of new and innovative technologies in an ever enlarging number of health care models. New and reconfigured eHealth technologies are increasingly being used to provide care and services to individuals with Intellectual and Developmental Disabilities (IDD) and Severe and Persistent Mental Illness (SMI). A collaborative relationship between executive leadership, clinical expertise, and information technology is needed to ensure the successful incorporation of technology into new care models. This session will provide the business imperatives for organizations to incorporate assistive technology, how to transform models of care, and demonstrations of various technologies to include communication technology, smart homes, and passive and active remote monitoring.



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Tracks — BO, ExL, FM, HR, LD

W54 Mergers and Acquisitions: A Panel Presentation

Stephen Christian-Michaels, Wesley Family Services
Douglas Muetzel, Wesley Family Services
Gary Bell, Milestone Centers Inc./Partners for Quality
Eric Lindey, Partners for Quality, Inc.
Fred Massey, Familylinks
Ann Truxell, Vintage Senior Services/Familylinks

Magnolia AB

Three different mergers or acquisitions will be described from the vantage point of executives on both sides of the transactions. The Family Services of Western PA and Wesley Spectrum Services merger will demonstrate a full merger. Milestone Centers joining as a subsidiary corporation under Partners in Quality will highlight the subsidiary model. Vintage Older Adult Day Program being acquired by Familylinks will portray the acquisition model. The executives will talk about why they chose the model they employed, what steps they implemented as they went through the process, and the lessons they learned from the process.

Tracks — CH, DA, MH, LD

W55 Teen Technology Usage Trends and Mental Health Sharing via Social Media (Part I)

Ryan Klingensmith, MA, LPC, NCC, Shape the Sky

Empire A

This workshop defines categories of social networking that educators, providers, and parents should be aware of and listening for with their students, clients, or children. The presentation will review social media behaviors related to image boards, untraceable texting/sexting, internet predators, gossip/rumor spreading sites, video chatting, drugs and alcohol, eating disorders, self-harm, and suicide. The most current social media sites such as Instagram, Tumblr, Kik, Snapchat, and After School will be defined and youth culture and mental health practices on these sites/apps will be discussed. This presentation will raise the awareness of youth culture on the internet and how adults can communicate with and educate youth to be responsible digital citizens.



Tracks — PDA, BO, HRF, MR, BI

W56 Transitioning Into the Community Post-Nursing Home: What It Takes?

Juliet Marsala, MS, CRC, CPRP, CESP, Inglis Foundation
Norma Robertson-Dabrowski, AA, Liberty Resources, Inc.
Janet Turner, MEd, CTRS, MSCS, Inglis House

Empire B

Living independently in their own homes is a dream and a goal for thousands of people with disabilities currently living in institutions. Supporting a person with transitioning from an institution to the community is a difficult and potentially life-threatening endeavor. It requires complex coordination from multi-disciplinary teams and navigation of complex service systems. Learn the steps, pitfalls, and successes from multiple perspectives (center for independent living, nursing home, and community provider) as we review the experience of transitioning twenty-nine nursing home residents simultaneously from Inglis House to Inglis Gardens at Belmont. Learn about everything involved with a transition from the inside out and improved processes for future transition success.

Tracks — MH, CH, DA, BI, IDD, MR

W57 Reiki – Stress Relief, Anxiety Reduction, and More

Jennifer L. Garver, MS

Empire C

Reiki is a relaxation technique that was introduced in Japan in the early 1920s. Almost 100 years later it is gaining popularity in the West. Today it is used in hospitals and spas, as well as by independent Reiki practitioners. Families are learning Reiki to use in their own homes for stress relief, pain reduction, and accelerated healing of bumps, bruises, and more. In addition, many report minimized side effects of chemotherapy, and assisted recovery from addictions and psychological disorders such as PTSD. Recognizing its benefits, researchers throughout the country are studying Reiki to verify its effectiveness in reducing stress, anxiety, and depression. Harvard University is conducting a two-year research study at this time. This workshop introduces participants to Reiki through lecture, meditation, and reflection. Pre-register for 10–15 minute Reiki chair sessions that will be available after the workshop.

Tracks — DA, MH

W58 Expanding Our Reach: What a Difference Peer Support Can Make!

Tina Wydeen, PhD, LCSW, CADC, CCDP-D, Community Care
Cathy Ryzner, CRS, Wyoming Valley Alcohol and Drug Services, Inc.
Kevin McLaughlin, LSW, Drug and Alcohol Treatment Services, Inc.

Empire D

Using a presentation approach that draws on the collective experience and passion of peers, providers, and funders, the planning and implementation stages of a Plan-Do-Study-Act process necessary to achieve the PBRSS expansion will be presented at a pace and with scheduled check-ins to assure learners are actively engaged.

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Tracks — LD, HR

W59 Motivational Strategies for Challenging Situations in Staff Engagement

Mandy Fauble, PhD, LCSW, Safe Harbor Behavioral Health of UPMC Hamot

James Wyler, MA, CPRP, Mon Yough Community Services, Inc.

Magnolia C

The workshop will utilize a didactic format to discuss the stages of change and the application of motivational interviewing skills (OARS, DARN-C) to supervision, particularly with difficult workplace situations. We will also use a didactic presentation around physiology of stress and workplace communication. The workshop will conclude with approximately 20 minutes for pair-and-share of scenario-based learning to explore the use of these methods.

Tracks — DA, LD, MH

W60 The H2O FLOW: Addressing Complex Service Needs of Persons Who Are Homeless

Diane Johnson, RN, BSN, Allegheny County Department of Human Services, Office of Behavioral Health

Kelly Mullen, MS, WPIC

Katy Ringstad, BSN, Chartiers Center

Magnolia D

Approximately 60% of people experiencing chronic homelessness have a serious behavioral health issue or other chronic health condition — and homeless veterans, youth, and families don't fare much better. Because of their compounded service needs, a variety of service gaps exist, making it difficult to access and maintain appropriate housing. Healthy Housing Outreach is a unique program of dedicated providers working collaboratively to reduce barriers to housing by providing access to behavioral health treatment and other supports. This workshop will provide an overview of H2O, including an exploration of challenges and benefits of working collaboratively. We will also discuss the EBPs and the impact on service delivery when providers embrace a similar philosophical approach.

SESSION I

10:30 am – 12:00 pm

Tracks — CH, DA, MH, LD

W55 Teen Technology Usage Trends and Mental Health Sharing via Social Media (Part II)

Ryan Klingensmith, MA, LPC, NCC, Shape the Sky

Empire A

This workshop defines categories of social networking that educators, providers, and parents should be aware of and listening for with their students, clients, or children. The presentation will review social media behaviors related to image boards, untraceable texting/sexting, internet predators, gossip/rumor spreading sites, video chatting, drugs and alcohol, eating disorders, self-harm, and suicide. The most current social media sites such as Instagram, Tumblr, Kik, Snapchat, and After School will be defined and youth culture and mental health practices on these sites/apps will be discussed. This presentation will raise the awareness of youth culture on the internet and how adults can communicate with and educate youth to be responsible digital citizens.



Tracks — BO, CH, ExL, LD, DA

W61 Using Technology to Coordinate Family, Behavioral, and Physical Health

Steven Herr, PhD, Advanced Metrics

Kate Gallagher, MNM, coLAB, Inc.

Anna Kennedy, Lancaster Osteopathic Health Foundation

Empire B

Lancaster Osteopathic Health Foundation (LOHF), in partnership with a collaborative group of health care providers and stakeholders, designed, developed, and deployed an innovative integrated health solution. This decision support system is focused on improving physical and behavioral health outcomes for children and families.

Tracks — VR, IDD, PDA, BI, MR, LD

W62 The Employment Paradigm Shift in Pennsylvania

Stephen Surovic, RCPA

Josie Badger, DHCE, The PEAL Center

Edward Butler, PA Department of Human Services, Office of Long-Term Living, Bureau of Participant Operations

Susan Tachau, MA, Pennsylvania Assistive Technology Foundation

Wild Rose AB

All across the country, states are increasingly focusing their policies and available resources to increase opportunities for individuals with disabilities to obtain competitive-integrated employment (CIE) in their communities. Learn what Pennsylvania has done in the last two years to address this national trend through implementing the federal Workforce Innovation and Opportunity Act (WIOA), Governor Wolf's Executive Order on Employment First, the inclusion of updated employment services in our Home and Community-Based Services (HCBS) waivers, and the availability of PA ABLE (Achieving a Better Life Experience) accounts for certain employees with disabilities who want to save for the future. Attendees will take away information that will help them further the goal of increased CIE in their agencies, businesses, and personal lives.

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Tracks — ExL, LD, BO, FM

W63 CMS' Quality Payment Program: Maximizing Your Performance Under the MIPS

Elizabeth Arend, MPH, National Council for Behavioral Health

Magnolia AB

The Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) made sweeping reforms to payments under Medicare Part B by establishing a new Quality Payment Program (QPP). The QPP includes two paths to payment: the Merit-Based Incentive Payment System (MIPS) and the Advanced Alternative Payment Models (Advanced APMs). Both mechanisms focus on moving from payment for volume to payment for quality and value, and non-participation will result in automatic reductions in reimbursement. This 90-minute presentation will offer an overview of the QPP from a behavioral health perspective, including an in-depth discussion about MIPS and how behavioral health providers can maximize their performance in 2017 and beyond.

Tracks — DA, ExL

W64 Update on the Pennsylvania Opioid Crisis From Dr. Levine

Rachel L. Levine, MD, Commonwealth of PA

Crystal A

The Pennsylvania Physician General will provide an update on the opioid crisis in Pennsylvania. Building on the 2016 presentation, Dr. Levine will outline efforts that have been made across the Commonwealth, including identifying successes and continued challenges. Join Dr. Levine for this interactive discussion.

SESSION J

1:30 pm – 3:00 pm

Tracks — BI, PDA, VR

W65 Community HealthChoices – MCO Panel Discussion

Richard S. Edley, PhD, RCPA

Patricia Wright, AmeriHealth Caritas

Ray Prushnok, UPMC for You

Joshua Sloop, PA Health & Wellness

Jennifer Burnett, PA Office of Long Term Living

Crystal A

Attendees will hear directly from all three MCOs selected by DHS/OLTL for Community HealthChoices (CHC): AmeriHealth Caritas, PA Health and Wellness, and UPMC for You. With a short time to go before implementation in the Southwest Zone (January 01, 2018), hear from the leadership of these organizations as to issues, challenges, goals, and measures of early and ongoing success. Issues with network development and the “continuity period” will be discussed. Ways in which providers can better partner with the MCOs will be discussed — What is the MCO looking for? Today? In the future?

“People are like chains, the closer they are, the stronger they become.”

— *Federico Chini*

Track — LD

W66 Integrative and Holistic Health: What It Means for Leaders

Barbara Wingate, MD, MSW, ABIHM, Magellan Behavioral Health of PA, Inc.

Wild Rose AB

Come join in a lively discussion with audience participation on the meaning of Integrative and Holistic Health. Learn how you as a leader can feel better and inspire your staff to thrive at work, not just survive. Learn to be part of a more self-directed health care style that positively influences other stakeholders and receivers of health care services. Don't be afraid to think out of the box and bring innovation to your own health issues, your own management style, and the health of your staff. You can inspire good work, rather than just demand it!

Tracks — IDD, MH, CH, ExL, FM

W67 Overview of the PA ABLÉ Savings Program

Ryan Buxton, PA Treasury Department

Susan Tachau, MA, Pennsylvania Assistive Technology Foundation

Magnolia AB

The PA ABLÉ Savings Program helps people with disabilities save money for a wide range of qualified disability expenses without jeopardizing government benefits. This presentation is designed to provide an overview of the program and to offer more information on this new savings option. Discussion will include more information about the outreach and support available to organizations, professionals, and advocates that work with people with disabilities.

Tracks — IDD, CH

W68 Music for Life for People With Intellectual Disabilities and Autism

Beth Deyermond, MA, MT-BC, The Center for Discovery

Conio Loretto, MS, LCAT, MT-BC, The Center for Discovery

Melanie Walborn, MT-BC, WB Music Therapy, LLC

Empire A

The field of music therapy has grown in recent years to become a significant part of many programs for people with intellectual disabilities and/or autism spectrum disorders at all stages of their lives. Whether for a young child or an older adult, the clinical application of music promotes positive growth and inspires an overall sense of improved health and wellness. Facilitated by board certified music therapists, this presentation will provide an introduction to music therapy as a clinical service and will include specific examples of how it has meaningfully impacted the lives of people with intellectual disabilities and autism spectrum disorders in many dynamic ways.

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Tracks — DA, HRF

W69 Different Approaches to Substance Use Disorders: A Tale of Two States

Mark G. Fuller, MD, FACP, Beacon Health Options of Pennsylvania
Lisa Kugler, PhD, Beacon Health Options of Maryland

Empire B

The US is in the middle of the worst opioid epidemic in its history. Each state is taking a different approach to addressing this public health challenge. But what is (are) the right thing(s) to do? Join us for an enlightening workshop comparing the approaches taken by two different states (Pennsylvania vs Maryland). Learn from two CEOs who manage Medicaid plans responsible for addressing substance abuse in these states. This will be a practical presentation focusing on policy differences, benefit designs, networks, and (most importantly of all) outcomes! There will be plenty of time for questions, discussion, and debate on where we go from here.

Tracks — CH, IDD

W70 Behavior Reduction Through Choice Making for Individuals With ASD

Sharon I. Jurman, BS Special Education, Teacher of the Handicapped, Pyramid Applied Spectrum Solutions (PASS) – Pyramid Healthcare

John F. Dibert, MEd, Certified Principal K–12, Soaring Heights School, State College – Pyramid Healthcare

Empire D

This workshop will focus on methods for increasing independent choice making for persons with autism spectrum disorder, to reduce undesired behaviors that interfere with skill acquisition and social-reciprocal communication, utilizing a behavioral approach. Elements to be discussed that build and enhance the success of choice selections include preference assessments, motivational assessments, shaping, reinforcement hierarchies, levels of prompting, supportive data collection, effective communication, and social reinforcement.

Tracks — ExL, LD

W71 Introducing the Readiness Inventory for Successful Entrepreneurship

Nate Lubold, MA, Advanced Metrics
Steven Herr, PhD, Advanced Metrics

Magnolia C

This presentation will be separated into three parts. Part one will consist of an overview of the experience of using the Readiness Inventory for Successful Entrepreneurship (RISE) tool in two behavioral health organizations. RISE has been used for both succession planning and leadership development. Part two will involve a review of RISE, breaking down the 33 skills identified in the inventory, and teaching attendees how the RISE tool was successfully implemented in other behavioral health organizations. Part three will provide a thorough understanding of the Entrepreneurship Skill Theory and supporting literature that confirms entrepreneurship is a learned skill set.

Tracks — BO, CO, ExL, FM, HR, LD

W72 HIPAA Enforcement Update – Learning From Mistakes of Others to Improve Your Compliance

Renee H. Martin, JD, RN, MSN, Dilworth Paxson, LLP

Magnolia D

The landscape for OCR HIPAA enforcement is evolving rapidly with increased aggressiveness and enhanced civil penalty imposition. Learn what measures your organization must take in response to the OCR's changing enforcement posture. The OCR has laid out its enforcement game plan and providers can readily get ahead of the enforcement curve by using the tools described in this session. These tools include using OCR Resolution Agreements for insight into the OCR's enforcement posture (after all, better to learn by the mistakes of others), keeping abreast of OCR-issued guidance, and having effective policies and procedures in place in the event of an OCR investigation whether driven by a consumer complaint, an audit finding, or a significant data breach. Use of the tools and practical information provided in this session will allow providers to achieve the dual goals of increased HIPAA compliance and avoiding an enforcement headline for the OCR.



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Continuing Education Credits

The Rehabilitation and Community Providers Association is proud to serve its members by offering continuing education credits in conjunction with Drexel University College of Medicine, Behavioral Healthcare Education.

Drexel University College of Medicine, Behavioral Healthcare Education

Behavioral Healthcare Education (BHE) was established in 1980 with contractual funding from what is now the Pennsylvania Office of Mental Health and Substance Abuse Services. The purpose of its creation was to turn clinical knowledge from biological and programmatic research into information and skills that are directly useful to practitioners in the behavioral health fields, particularly those working with persons in the public and Medicaid managed care arenas who have serious and persistent mental disorders. Since that time BHE has added expertise in the areas of substance use disorders, intellectual/developmental disabilities, and child and adolescent diagnoses and treatment. The mission of the Division of Behavioral Healthcare Education is to support behavioral health practitioners in providing high quality services to people of all ages. We fulfill this mission through delivering continuing education, consultation, technical assistance, and conferences, using evidence-based and promising practices, research findings, and program and policy advances.



DREXEL UNIVERSITY

College of
Medicine

Division of Behavioral Healthcare Education

Objectives

At the completion of the 2017 conference — *Connections* — participants will be able to:

- ▶ distinguish federal and state initiatives that impact PA providers;
- ▶ identify key essential aspects of human service leadership;
- ▶ apply principles of recovery and resiliency oriented care;
- ▶ cite various evidence-based therapeutic approaches; and
- ▶ discuss value-based care for various health populations.

CE Registration/Documentation

For the 2017 RCPA annual conference, it is highly recommended that the purchase of continuing education is completed during conference registration. There will be limited on-site opportunities to purchase continuing education. This is a new process—usually it is purchased on-site. Each CE type costs \$45 and should be included on the registration form along with all associated license numbers.

As in previous years, people seeking continuing education must complete and submit paperwork, prior to leaving the conference. Paperwork is included in each registrants welcome tote bag.

RCPA ensures that a formal validation of CE credits is sent to those who register and complete paperwork. The certificate is generated through Drexel University and will be sent to the email address indicated on returned documentation. Replacement copies of certificates can be obtained at an additional cost of \$45. Other questions regarding CE program offerings can be addressed to staff working at the CE table.

Continuing Education Credits *continued*

Statements of Accreditation



APA (Psychology) — Drexel University College of Medicine, Behavioral Healthcare Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Drexel University College of Medicine,

Behavioral Healthcare Education maintains responsibility for the program and its content. This program is being offered for up to 18.5 hours of continuing education.

PA Nurses — Drexel University College of Medicine, Behavioral Healthcare Education is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants will be awarded a maximum of 18.5 contact hours for attending this program.

LSW/LCSW/LPC/LMFT (PA SBSWE Licensed Social Workers in Pennsylvania) — Drexel University College of Medicine is a preapproved provider of continuing education for Social Workers and Clinical Social Workers. This program is being offered for up to 18.5 hours of continuing education.

PA Educators Act 48 — Drexel University College of Medicine, Behavioral Healthcare Education is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Drexel University College of Medicine, Behavioral Healthcare Education adheres to Act 48 Continuing Education Guidelines. PA educators will receive a maximum of 18.5 hours of credit for attending this program.

PCB (PA Certified Addictions Counselor) — Drexel University College of Medicine, Behavioral Healthcare Education will award a maximum of 18.5 PCB Approved Hours of Education for this program. Our program is certified by the Pennsylvania Certification Board, Provider # 133.

CMCC (Commission for Case Manager Certification) — This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs). We can award a maximum of 18.5 hours of credit.

CPRP — Drexel University College of Medicine/BHE is approved by the Psychiatric Rehabilitation Association (Provider #107) to sponsor continuing education for Certified Psychiatric Rehabilitation Practitioners. Drexel University College of Medicine/BHE maintains responsibility for the program and its content. This program is being offered for up to 18.5 hours of continuing education.



CEU (IACET) — Drexel University College of Medicine/Behavioral Healthcare Education has been accredited as an Authorized Provider by the International Association for

Continuing Education and Training (IACET), 11130 Sunrise Valley Drive, Suite 350, Reston, VA 20191. In obtaining this approval, Drexel University College of Medicine/Behavioral Healthcare Education has demonstrated that it complies with the ANSI/ IACET Standard which is widely recognized as the Standard of good practice internationally. As a result of their Authorized Provider accreditation status Drexel University College of Medicine/Behavioral Healthcare Education is authorized to offer IACET CEUs for its programs that qualify under the ANSI/ IACET Standard. The Drexel University College of Medicine/Behavioral Healthcare Education is authorized by IACET to offer 1.85 CEUs for this program.

Pennsylvania Department of Human Services Personal Care Home Administrators Certification — Drexel University College of Medicine, Behavioral Healthcare Education has been approved for credit.

CRCC (Commission on Rehabilitation Counselor Certification) — Drexel University College of Medicine, Behavioral Healthcare Education has been approved for credit.

HRCI (HR Certification Institute) — This activity has been approved for Recertification Credit Hours Awarded: 18.50 Specified Credit Hours: HR (General) recertification credit hours toward aPHR™, PHR®, PHRca®, SPHR®, GPHR®, PHRi™, SPHRi™ recertification through HR Certification Institute's® (HRCI®).

NASBA (Certified Public Accountants) — Continuing Professional Education (CPE) credits are provided by Drexel LeBow College of Business. Earn CPE credits for qualifying sessions. Delivery Method: Group-live. Level: Basic. No prerequisites or advanced preparation required. LeBow College of Business, Division of Drexel University, is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website www.learningmarket.org.

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Entertainment

Sponsors *continued*

(to date)

Silver Sponsors



Devereux Advanced Behavioral Health
Charging Station



PA Health & Wellness
Closing Snack Break

Bronze Sponsors



AmeriHealth Caritas
Coffee Break



CareLink Community Support Services
Mirror Clings and Coffee Break



Horizon House, Inc.
Speaker Support



InnovaTel Telepsychiatry
Networking Reception



Qualifacts
Grand Prizes



Salisbury House
Attendee Gift



Step by Step, Inc.
Welcome Snacks



Therap Services
Massage Chairs



XtraGlobex, Inc.
Networking Reception



Hershey Lodge, 325 University Drive, Hershey, PA 17033

Welcomes

Rehabilitation and Community Providers Association *Connections* October 10–13, 2017

Rates: \$169 per night, single/double occupancy

Sales/local occupancy taxes of 11% are added to room rates. The resort is a smoke-free facility. More information about the resort, including activities, can be found at www.hersheyloodge.com.

The room block for the RCPA 2017 Conference at the *Hershey® Lodge* has been set up for online reservations at <https://aws.passkey.com/go/RCPA2017>. Guests who prefer to call to make reservations can call 717-520-5732 or 1-800-HERSHEY (437-7439), and ask for the room block for the RCPA 2017 Conference at the *Hershey Lodge* October 10–13, 2017; rooms are available on October 9 as well.

Rooms are reserved on a first-come, first-served basis. Remaining rooms within the block will be released **September 18, 2017**. Three days' notice is required for cancellation. If it is less than three days, a charge of one night's room and tax will be deducted from the account.

Check in time: 4:00 pm Check out time: 11:00 am (a surcharge is added for late check out)

Hershey Lodge is a trademark used with permission.



Photos courtesy of Hershey Entertainment & Resorts Company

Conference Registration

Connections

October 10–13, 2017

PAYMENT MUST BE INCLUDED WITH REGISTRATION. The form must be completed in its entirety and submitted with payment. Continuing Education (CE) payment may be included or remitted on site at the conference. **Registrations submitted without full payment are not complete and individuals will not be registered.**

Quick and secure credit card registration is available from the RCPA conference website at www.rcpaconference.org. Online registration saves processing time and instantly confirms your place at conference. Online registration closes **September 29 at 5:00 pm**. Registrations with credit card information included may be faxed to the office until October 5 at 5:00 pm.

Name (as it should appear on badge) _____
 Title _____
 Organization _____
 Address _____
 City _____ State _____ ZIP _____
 Telephone _____
 Email _____
 Special Accommodations Required _____

Conference Attendance

- Full Conference (Tuesday – Friday)
 Tuesday Only
 Thursday Only
 Wednesday Only
 Friday Only

Conference Fee Schedule *Please enter appropriate rate in the calculation field on the reverse.*

Member rates are available to those individuals who work for an RCPA member organization that has paid its 2017/18 membership dues. The group discount rate is available to organizations that register and pay for **six or more persons at the same time. Please complete a separate registration form for each individual.**

Early Bird Rates *Available Through September 15*

	Full Conference	Tuesday or Friday	Wednesday or Thursday
RCPA Member	\$355	\$175	\$230
RCPA Member Group* 6 or more people	\$325	\$165	\$215
Non-Member	\$460	\$220	\$285
Non-Member Group* 6 or more people	\$425	\$215	\$265
Consumer & Family	\$190	\$105	\$125

Regular Conference Rates *After September 15*

	Full Conference	Tuesday or Friday	Wednesday or Thursday
RCPA Member	\$400	\$205	\$260
RCPA Member Group* 6 or more people	\$370	\$195	\$240
Non-Member	\$510	\$255	\$315
Non-Member Group* 6 or more people	\$480	\$245	\$295
Consumer & Family	\$230	\$125	\$155

*To qualify for the group discount, all registrations must be submitted together with payment.

Conference Registration *continued*

Meals

Please indicate which meal events you will attend. Food functions that occur on any day an individual is registered to attend the conference are included in the registration fee.

- Tuesday, October 10, Welcome Reception
- Wednesday, October 11, Exhibit Hall Lunch
- Wednesday, October 11, Exhibit Hall Reception
- Wednesday, October 11, Networking Reception
- Thursday, October 12, Lunch With Exhibitors
- Thursday, October 12, Association Dinner and Awards Program

Fee Calculations

Conference Fee (<i>from previous page</i>)	\$ _____
CE Fee (<i>add \$45 per CE type, if desired</i>)	\$ _____
Conference Presenter Discount (<i>if attending full conference only — \$75</i>)	\$ _____
Total Due	\$ _____

Cancellations

No refunds will be issued after September 15. Refunds issued prior to that date are assessed a \$100 cancellation fee. Substitutions are permitted. Please notify RCPA in writing, ATTN: Sarah Eyster, prior to September 15 of substitutions.

On-site Registration

Registration and payment for the RCPA conference is accepted on-site at the Hershey Lodge and Conference Center provided space and materials remain available. Registration fees are those listed as "Regular Conference Rates." Any necessary post-event billing by RCPA for any guest or organization will incur a service fee of \$50. Registrations sent by mail and postmarked after October 2, 2017 will also incur a service fee of \$50.

Questions regarding registration or other components of the conference should be directed to Sarah Eyster (rcpaconf@paproviders.org), Conference Coordinator.

Payment Method

Paying with MasterCard or Visa? Consider using our quick and secure online registration to save processing time and instantly confirm your place at conference!

- Check enclosed made payable to RCPA
- Credit Card

Visa MasterCard

Card # _____ - _____ - _____ - _____

Expiration Date ____ / ____ CVV ____

Billing ZIP Code _____

Cardholder's Name _____

Cardholder's Signature _____

Remit registration and payment to:

Rehabilitation and Community Providers Association
 ATTN: Tieanna Lloyd, Conference Registrar
 777 E Park Dr, Ste 300
 Harrisburg, PA 17111-2754
 Fax: 717-364-3287

