

## ODP Announces MyODP Podcast



### Announcing the MyODP Podcast!



The MyODP Podcast is the latest form of outreach and capacity building from ODP. It consists of an audio series on a dedicated topic with a targeted audience in mind. Each podcast in our first series has a duration of 7–10 minutes and focuses on getting tools to Direct Support Professionals (DSPs) titled A Supporter's Toolbox.



For our pilot series, we turn to ODP's Clinical Director, Dr. Stacy Nonnemacher, as she discusses **Value in Choices: A Supporter's Role**. We know having choice and control in our lives is important. What are you doing as a supporter to ensure that the people you support experience the same choice and control in their lives? We will discuss your role in fostering this autonomy and will offer ways to get better at thinking about, offering, and assisting in setting up someone's day where they feel more self-determined.

Visit us on the [MyODP Podcast page](#) to Listen!