Fairweather Lodge Outcome Measures Defined

For any questions or clarifications call Ashley Trepp 612-871-3320 or e-mail at atrepp@tasksunlimited.org
This survey is designed to measure compliance with lodge standards in the areas of housing, mental health, employment, social life and autonomy. Please read the following definitions, explanations and directions carefully in order to obtain the best and most consistent data from site to site.

1. **"Eating healthy"** is defined as consistently eating a balanced diet. For the purpose of this survey, **"balanced"** means eating fruits and vegetables daily, 3+ ounces of whole grains daily, 3 cups of fat free or low fat dairy products daily and a limited amount of fats and sugars.

2. **"Exercising"** means jogging or walking briskly for at least two miles, biking four miles, or swimming 800 yards. **"Briskly"** means moving at a pace that elevates the heart rate. For other activities such as rollerblading, skating, rowing, or using a StairMaster, please use your best judgment in determining equivalent distances or duration. For the purpose of this survey, **"regularly"** will mean at least twice weekly.

3. Drug and alcohol use encompass **both episodic and chronic use** during the reporting month. Drugs refer to street drugs, not prescribed medications.

4. This measure is designed to evaluate **meaningful social roles in the community and personal involvement and contribution to society at large**. Engagement in civic responsibility may include but is not limited to involvement in religious congregations, volunteer work, service projects, voting, participating in AA, NA or GA, mentoring, speaking at a presentation, community theater, etc.

5. Undesirable, external incidents refer to any **negative events occurring outside the lodge between lodge members and other community members**. This includes altercations with neighbors, crimes, muggings, crank-calls, name-calling by strangers, etc...

6. In the event that a non-routine visit is necessary, average wait time refers to the average **number of days between calling for an appointment and getting in to see the doctor**. This item will be counted only for those to whom it applies. This means that if no lodge member requires a non-routine appointment during the month, then the correct response is N/A.

7. Incidents of medication non-compliance will refer to **the episode as a whole**, not the number of pills. For example, if a lodge member fails to take morning meds, be it one pill or ten, that constitutes one incident. If he refuses one pill in the morning and one at bedtime, it would count as two incidents.

8. A. Hourly wage refers to the **wage paid to the client**, not the commensurate wage. Average **number of hours worked** refers to hours engaged in paid employment weekly by **all lodge members who are under 62**.

9. Given the variety of lodge set-ups and schedules, this item is particularly difficult to standardize. However, in the effort to capture the communal sense of the meals, shared meals will be defined as when **at least 75% of the lodge members actively participate in the meal**. This may include any or all of the following criteria: pooling funds together, meal planning, prepping the meals, sitting to eat together or sharing in the cleaning.

10. Shared recreational activities refers to when **at least 75% of lodge members actively participate in the activity**, which may include pooling funds together, planning the activity, and actual participation.

11. This measure is designed to evaluate **social connectedness outside of the lodge group**. This includes any activities lodge members engage in with individuals **outside the lodge** including going out to dinner, movies, ball games, museums, etc with friends or family. Please enter the average number of activities per person per month, not the total number of activities per lodge.

12. The goal of this measure is to determine the level of self-sufficiency within the lodge. Therefore, staff support refers to support **services provided at the lodge** by **paid staff from outside of the lodge**, meaning that peer support provided by a lodge member within the lodge where that member lives is not counted for this measure. However, if a lodge member or peer specialist provides support services in a different lodge than his or her residence, those hours would be counted at the lodge where he/she is providing service.

Outcomes Help Guide

1. Write the month and year in question. It will always be January, April, July or October. Data is collected quarterly in one month snapshots. Data is not cumulative over 3 months.

2. Please write the name of the lodge, the name of the agency and the number of clients living at the lodge during the month in question.

3. Write the number of lodge members who "eat healthy" in that lodge that month. Then calculate the percentage of the lodge eating healthy, i.e. if 3 out of 5 lodge members consistently eat a healthy diet, the responses would be 3 and 60%.

4. The responses and calculations for exercise, smoking, substance use and civic involvement use the same concept and formula as healthy eating.

5. Enter the number of negative incidents occurring that month.

6. Average wait time refers to the average number of days between calling for a non-routine appointment and getting in to see the psychiatrist. If 2 lodge members need an appointment and one gets in in 3 days and the other gets in in 5, the response is 4. If no lodge member requires a non-routine appointment during the month, then the correct response is N/A.

7. Med compliance will be a cumulative number for the whole lodge, not an average. If one client misses morning and evening doses for 2 days (4 total doses) and another client misses 3 morning doses, then response should be 7.

8. The hourly wage paid response will be an average for all working lodge members. If a client is under 62 but not employed, $0 would be entered for that clients. If a client is unemployed but over 62, you would not include that client in the average calculation. If a client is over 62 and working, you *can* include their wage in the average. The same guidelines are true for work hours. Remember that the work hours standard refers to work hours PER WEEK.

9. Meal planning refers to the number of meals PER WEEK that the group shares. This does not mean they all have to sit together. It could mean the number of meals that are made with communal food and/or the number of meals jointly planned by the lodge group.

10. Shared rec refers to the number of rec events shared by ¾ of the month PER MONTH.

11. Social connectedness should be an average PER PERSON PER MONTH. If there are 4 group members and one member has no social activities out side of the lodge, 3 others a engaged in social activities twice per week, the average would be (0+8+8+8)/4 = 6.

12. Average number of staff hours at the lodge PER WEEK.

Fairweather Lodge Outcome Measures

Upon completion please send to Brendan Bayer at bbayer65@netzero.ncom

Month: _____2020

Agency/Organization name:

Lodge Name: _____ Total Number of Lodge Members: _____

	# Lodge Members	% of Lodge
1. Number of lodge members eating healthy		
2. Number of lodge members exercising regularly		
3. Number of lodge members using drugs/alcohol		
3A. Number of lodge members who smoke		
4. Number of lodge members engaged in civic responsibility		

Number of lodge members hospitalized for psychiatric reasons: _____

Number of days each member was hospitalized: _____, _____, _____

5. Number of undesirable external incidents in neighborhood	
6. Average wait time for non-routine psychiatric visit (in days)	
7. Number of incidents/doses of missed medications	
8A. Average hourly wage	
8B. Average number of hours worked **per week**	
9. Number of meals shared by 75% of lodge members **per week**	
10. Number of recreation events shared by 75% of members **per month**	
11. Average number of social activities shared with non-lodge members **per person per month** (not total per lodge)	
12. Number of hours of external staff support **per week**	