

New Training Opportunity!

Cognitive-Behavioral Strategies for Treating Individuals with Substance Use Disorder

The Pennsylvania Department of Drug & Alcohol Programs (DDAP) is pleased to announce the availability of a new training program, which consists of an online training module through TrainPA and in-person/virtual skills training sessions.

The online Level One: Cognitive-Behavioral Strategies for Treating Individuals with Substance Use Disorders (CBS-SUD) training will provide a foundation from which treatment providers will build skills and gain a comprehensive understanding of CBS-SUD, and guide participants through what CBS are, how they came about, and provide resources to assist in the use of CBS during sessions with clients. This training must be completed within the three (3) months prior to attending Level Two.

After completing Level One, participants can register for Level Two: Conceptualization and Skills Application, which can be completed in-person or virtually, and will build on the information provided in the online training and provide participants with the opportunity to practice their skills.

Level Three: Demonstration and Evaluation, the third session in the series, can be completed in-person or virtually, and will require participants to bring a recording of a session with a real client that demonstrates the use of CBS. The participants skills will be evaluated by the instructor. It is expected that participants will attend this training approximately two to three months after completing Level Two, to allow time to practice their skills and complete a session recording.

Level Four: Fidelity and Support, is the fourth session, and will be completed virtually (no in-person sessions will be scheduled). Participants are asked to bring a completed case conceptualization and treatment plan for a client, which will be reviewed and evaluated during the training session.

Participants will receive the following PCB continuing education credits:

- Level One – 4 hours
- Level Two – 7 hours
- Level Three – 4 hours
- Level Four – 3 hours

How to Access the Online Training

Visit <https://www.train.org/pa/welcome> then follow these steps (if you already have an account in TrainPA, you may log in and skip to step 7):

1. Click Create an Account
2. Enter a username, password, and the identifying information requested, then click Next Step
3. Select the county where you primarily work, then click Confirm
4. Select “Other public health professional (my functional role isn’t listed)”, then click Confirm
5. Type “Drug” in the search field, then select PA Department of Drug and Alcohol Programs employees, then click Confirm
6. Click Finish Creating Account. This will log you into the TrainPA site.
7. Click Courses under the Search column on the left side of the page
8. Type “DDAP” into the search bar, then press Enter
9. Select PA-DDAP: Level One – Cognitive Behavioral Strategies for Treating Individuals with Substance Use Disorder
10. Click Launch. You will then be able to complete the training.

How to access the In-person/Virtual Training

DDAP will be hosting three training events, one each in the western, central, and eastern regions of the state:

- December 13, 2021 – 8am to 4pm – Bethlehem, PA
- December 22, 2021 – 8am to 4pm – Cranberry Township, PA
- January 7, 2022 – 8am to 4pm – Towanda, PA

Visit <https://apps.ddap.pa.gov/tms/> and log into your Training Management System (TMS) account, then click Course Search. You can search by Course Name:

- In-person Course Names
 - CBS-SUD02: Level Two – Conceptualization and Skills
 - CBS-SUD03: Level Three – Demonstration and Evaluation
- Virtual Course Names
 - CBS-SUD02: Level Two – Conceptualization and Skills – Parts 1 and 2 (VIRTUAL TRAINING)
 - CBS-SUD03: Level Three – Demonstration and Evaluation (VIRTUAL TRAINING)
 - CBS-SUD04: Level Four – Fidelity and Support (VIRTUAL TRAINING)

After finding a scheduled course that fits your schedule, you will need to register. If self-registration has been enabled, you will just need to confirm your registration by following the on-screen instructions. If self-registration has not been enabled, you will need to contact the Primary Contact listed in TMS for that scheduled course, and they will assist you with registration.



If you are not finding a scheduled course that fits your schedule, we encourage you to contact your Single County Authority (SCA), as they are responsible for ensuring their contracted providers have access to training and should provide assistance.

Any questions regarding the training may be directed to the DDAP Training Section by emailing ra-datrainig@pa.gov or calling 717-736-7452.