

August ... Virtual ... Events




A non profit, by people with disabilities,
for people with disabilities. Power Up!

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YOUR VISION FOR YOUR LIFE! : SAPNA

August 4th, Friday 10AM-12PM

In this fun, life-changing conversation we'll be talking about: What do YOU want in your life? How do you make it happen? Who can help? Learn how to plan for, and get, the life YOU want!

POWER TALK WITH ODP: SAPNA

August 11th, Friday 10AM-12PM

Do you have questions about or issues with the supports and services for people with intellectual disabilities and/or autism (ID/A) in PA? Join us for our monthly chat with staff from the PA Office of Development Programs, the government office that oversees and funds those supports and services. People with ID/A in PA can speak up with ODP staff, and others are welcome to listen and learn. We start the calls reviewing the questions we already gathered and sent to ODP, then talk about them with ODP staff. After the ODP staff leave, you are invited to stay on for a bit while we discuss what we heard, and gather questions to send to ODP for next month.

ALL ABOUT RELATIONSHIPS: SAPNA

August 18th, Friday 10AM-12PM

Join us to talk all about relationships. We will go over the different kinds of relationships and how we make them. Learn what healthy and unhealthy relationships look like, what abuse is, and what to do about abuse.

STARTING AND STRENGTHENING A SELF ADVOCACY GROUP: SATIN

August 25th, Friday 10AM-12PM

Interested in starting a Self-Advocacy group? Join us to learn how you can start or strengthen your support group! Self-Advocacy is about speaking up for the life that YOU want. When we speak up together, we have a powerful voice!


HOW TO JOIN:

For video and audio by computer or smartphone, get the passcode from Rita anytime before the event!

Call [724 588 2378](tel:7245882378) or Email power@sau1.org

The day of the event, go online at sau1.me/zoom then enter the passcode or join right from our online events calendar at sau1.me/events and enter the passcode.

For just audio from any phone: dial 646 876 9923, then meeting ID: 223 344 5555 ##

 All events are scheduled for Eastern Time and close captioned for those using video.

WANT TO JOIN US IN PERSON?

Keep an eye out for events in your area:

go to sau1.org/power-events for the latest news on our local Power Events

Spread your power to friends and family!

Families, staff, allies, and other guests are welcome to listen and learn.

**Self Advocates United as 1;
supporting the self advocacy
of people with disabilities
for positive impact
in our communities and in people's lives
since 2007.**



Self Advocates United As 1
984 Water St. PO Box 297
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SATIN

The Self Advocacy Training Initiative and Network (SATIN) is a project is funded by a grant from the PADDCC (Pennsylvania Developmental Disabilities Council).

SAPNA

The Self Advocacy Power Network for All (SAPNA) is a project of the PA Office of Developmental Programs, Department of Human Services and managed by Self Advocates United as 1.