

# Nursing Home Transition (NHT) Training and Education Session

Managed Long-Term Services and Supports (MLTSS) Subcommittee Meeting  
November 1, 2023

Presenter: Mike Grier - Executive Director of the Pennsylvania Council of Independent Living  
(PCIL)



# How did this all begin?

- Advocacy Efforts to have people live independently
- Great match for our network
- Proposal to Office of Long-Term Living (OLTL)



# Strategic Alignment

- Independent Living Philosophy
- Nursing Home Transition Services
- Does this match our Mission?
- Partnership with OLTL, the presentation is co-branded



# PCIL Mission Statement

The mission of the Pennsylvania Council on Independent Living (PCIL) is to support the network of Centers for Independent Living (CILs) and to advance the Independent Living movement.

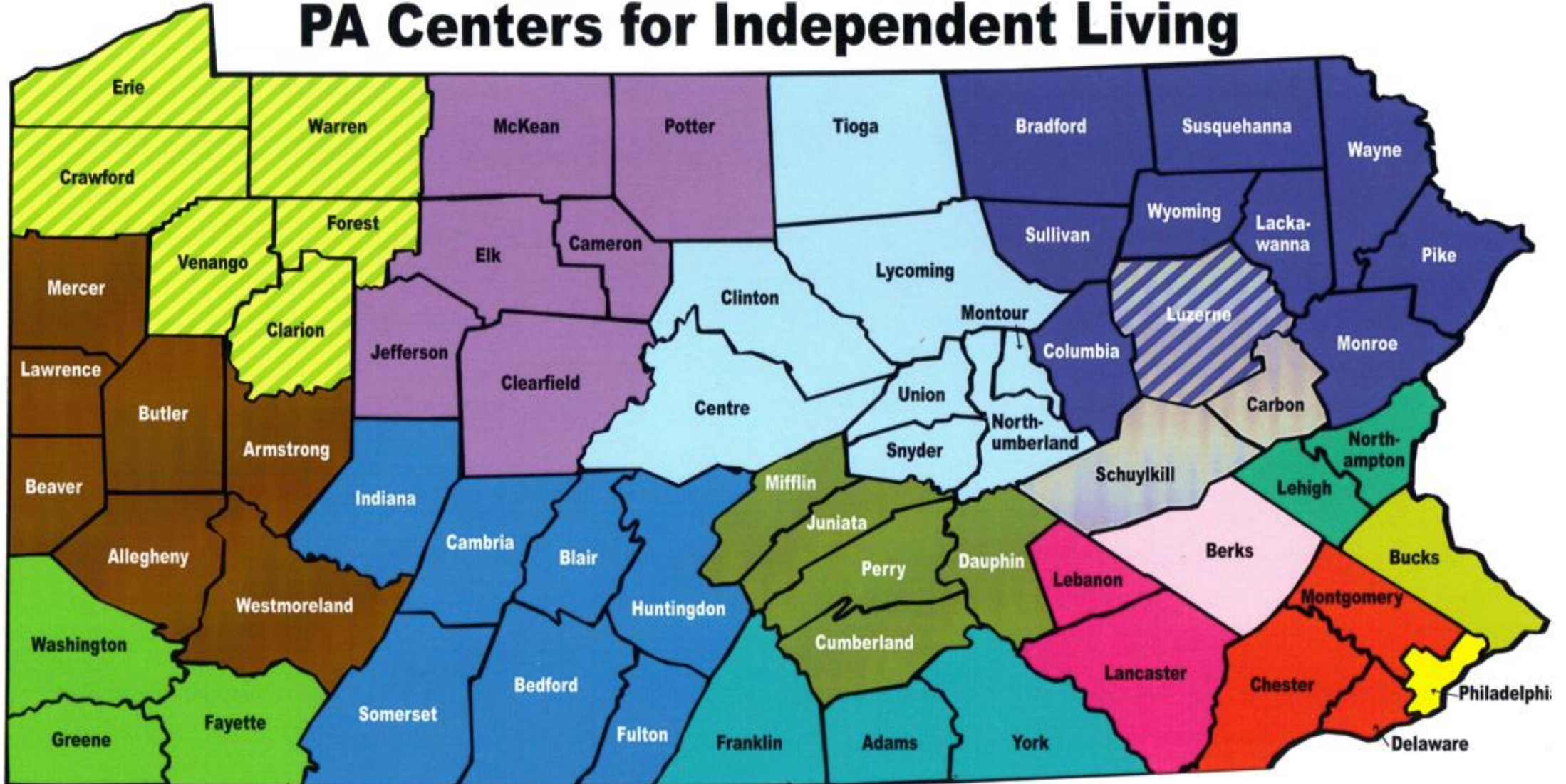


# Process Explained

- Provide Educational Sessions to 593 licensed Nursing Facilities across the state
- Primarily responsible for providing educational sessions in your coverage area
- Coverage Areas Explained



# PA Centers for Independent Living



**Federal Funded Centers for Independent Living**

**State Funded Centers for Independent Living**

**State and Federal Funded Centers for Independent Living**


## Federal Funded Centers for Independent Living

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|---|--|
|  <b>Center for Independent Living of Central PA</b><br>Cumberland, Dauphin, Perry, Juniata & Mifflin                                   |  <b>Disability Empowerment Center</b><br>Lancaster & Lebanon  |
|  <b>Center for Independent Living of North Central PA</b><br>Centre, Clinton, Lycoming, Montour, Northumberland, Snyder, Tioga & Union |  <b>Disability Options Network</b><br>Allegheny, Armstrong, Beaver, Butler, Lawrence, Mercer & Westmoreland |
|  <b>Center for Independent Living of South Central PA</b><br>Bedford, Blair, Cambria, Fulton, Huntington, Indiana & Somerset           |  <b>Liberty Resources, Inc.</b><br>Philadelphia   |
|  <b>Community Resources for Independence</b><br>Clarion, Crawford, Warren, Forest, Venango & Erie                                      |  <b>Voices for Independence</b><br>Clarion, Crawford, Warren, Forest, Venango & Erie                        |

## State Funded Centers for Independent Living

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|  <b>Abilities In Motion</b><br>Berks  |  <b>Freedom Valley Disability Enablement</b><br>Chester, Delaware & Montgomery  |
|  <b>Anthracite Region Center for Independent Living</b><br>Carbon, Luzerne (Hazleton Area) & Schuylkill |  <b>LVCIL (Lehigh Valley Center for Independent Living)</b><br>Lehigh & Northampton   |
|  <b>Bucks County Center for Independent Living</b><br>Bucks   |  <b>Life &amp; Independence for Today</b><br>Cameron, Clearfield, Elk, Jefferson, McKean & Potter   |
|  <b>Center for Independent Living Opportunities</b><br>Adams, Franklin & York                           |  <b>MyCIL (Northeast PA Center for Independent Living)</b><br>Bradford, Columbia, Lackawanna, Luzerne, Pike, Monroe, Sullivan, Susquehanna, Wayne & Wyoming |

## State & Federal Funded Centers for Independent Living

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|--|
|  <b>Transitional Paths to Independent Living</b><br>Fayette, Greene & Washington |
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[Find a CIL by County - Pennsylvania Statewide Independent Living Council](#)

# Educating the Educators

- Gathered a group of experts across our network to develop the educational PowerPoint
- Utilized a “Train the Trainer” model to educate and vet CIL staff members across the state
- There were two face to face Sessions with remote option capabilities





# Home and Community-Based Services

- Alternatives to facility-based care
- Sessions were set up to educate the residents as well as the Nursing Facility (NF) Staff & any family members
- Creating a plan for a successful transition back to the community



# Options Available for Residents

- Centers for Independent Living
- Nursing Home Transition Program
- Informed Family Members
- Area Agencies on Aging
- LIFE Program

# Next Steps

- Schedule the Education Sessions
- Complete the Education Sessions
- Report Information Good & Bad to OLTL
- Continue to offer Sessions on-going

